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SWEET POTATO MEETS CHOCOLATE {page 23}

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News worth sharing.

McIver, Higgins back for more?

- McIver said he's been inquiring as to which MPs wouldn't be seeking re-election
- Both McIver and Higgins would be seeking a nomination with the Conservatives

LEFT: ADRIAN WYLD/THE CANADIAN PRESS; TOP RIGHT: HANDOUT; BOTTOM RIGHT: METRO FILE PHOTO

▶ Left: Prime Minister Stephen Harper approaches Minister of the Environment Jim Prentice after he announced yesterday that he would be leaving politics; top right: Barb Higgins; bottom right: Ric McIver.

KATIE TURNER
CALGARY@METRONEWS.CA

Former mayoral hopefuls Ric McIver and Barb Higgins may once again be vying for the same job.

Both have expressed interest in taking over for Environment Minister Jim Prentice.

Prentice announced yesterday that he will be quitting as MP of Calgary's Centre-North riding to take a position as the vice-chairman of CIBC.

Former alderman McIver said that Prentice's announcement sparked his interest.

"That is a possibility, and I'm investigating that actively right now," he said. "Obviously I still have an interest in serving publicly and I think I made that clear after the municipal election."

Barb Higgins' civic campaign manager Alan Hallman said she has "the political bug."

"She's looking at it," said Hallman. "She quite enjoyed the civic campaign."

Metro Movies

Big screen, popcorn, here we go

Debut filmmaker wonders how budgets get so high ▶ Richard Crouse on Hollywood's treatment of survival tales ▶ Reviews, showtimes and more {pages 15-18}

Crazy about Quidditch

U of C students want Harry Potter's sport of choice taken seriously {page 8}

Tories target sex predators

New bill proposes tougher sentences for offenders {page 9}

The end of the Santa era

Descôteaux: Why politicians are getting their Scrooge on {page 12}

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City given eight days to find spare $35M

Mayor requesting administration report back on Nov. 16, 17 with suggestions for more budget cuts
City has already been asked to make up for $60-million shortfall

Mayor Naheed Nenshi will put forward a notice of motion Monday asking for an additional $35 million in possible cuts, but some aldermen doubt it will happen in such a short timeframe.

Administration will have only eight days between Monday's council meeting and the strategic planning session on Nov. 16 and 17 to find additional areas to cut.

"It took them six months to find out where to find the money for the $60 million, so I don't know how we're going to get it done in a week. It takes a bit of time," said Ald. Ray Jones.

"I guess it's reasonable to ask; whether it's reasonable to expect it is another thing. If you don't ask, you'll never receive."

'No numbers yet'

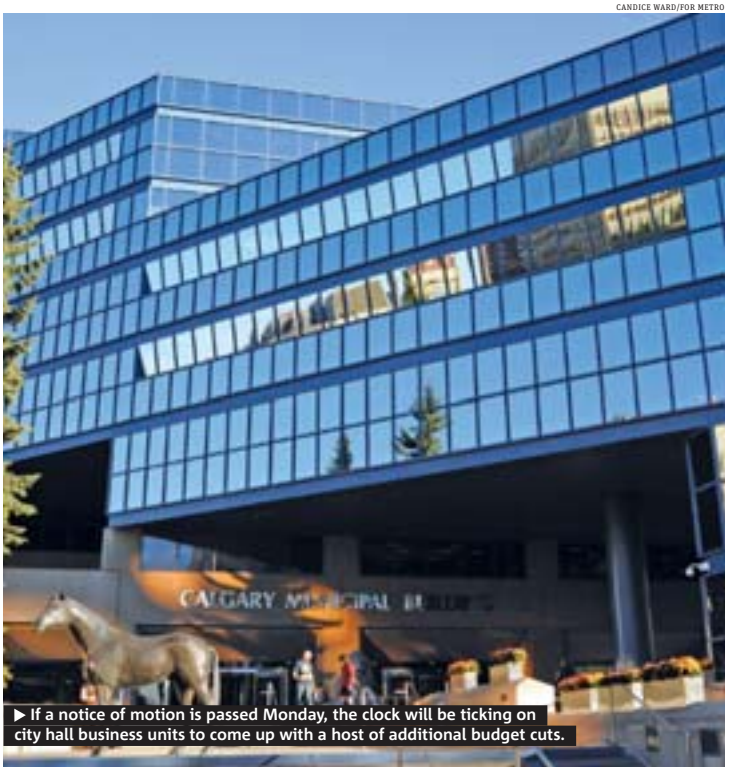
- Nenshi has said he wants to bring the 6.7 per cent tax increase down, but has yet to give an exact number.
- "I don't actually have any real numbers yet," Nenshi told media in late October.
- "I know that administration is working hard on bringing us a 6.7 per cent solution as well as a raft of options to council that will bring the tax increase for next year below 6.7 per cent."

Ald. Dale Hodges said he believes administration has already been looking for other areas to trim.

Monday will mark council's first regular meeting of since the election.

KATIE TURNER

CANDICE WARD/FOR METRO



▶ If a notice of motion is passed Monday, the clock will be ticking on city hall business units to come up with a host of additional budget cuts.

Party buses may hit streets

They are fun, wild and a bit noisy — and alderman Andre Chabot does not want to completely rock the bus.

A report due back from the Community and Protective Services committee in December may have Chabot suggesting amendments to city bylaws to include party buses.

"There are no established standards," said Chabot. "We want everyone on an equal playfield."

Chabot's main focus is to make sure party buses provide a safe environment for the patrons and the public.

Tom Malin, president and founder of Party Machine party buses, supports the idea of a standard set of operating rules but does not want to be left out of the decision making process.

"We know the industry best and we should be a part of it," said Malin.

CANDICE WARD

CONTRIBUTED

▶ One of Party Machine's fleet of party buses.

News in brief

Nenshi back at MRU today

CONVOCATION. Mayor Naheed Nenshi will return to his former workplace today to attend Mount Royal University's convocation. Before winning the bid for Calgary's top job, Nenshi was a professor at MRU in the Bissett School of Business.

KATIE TURNER

Man crashes car into doctor's office

COLLISION. A station wagon crashed into a doctor's office on Nov. 3, after an elderly man lost control of the vehicle while parking.

The Calgary Fire Department responded to the scene at 1610-37 Street SW.

However, no one was injured.

MIKE GRONDIN

1 news

Kids roll Kabul's streets on skateboards thanks to Skateistan. Scan this code for the story

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Opposition hints at newly resigned cabinet minister Jim Prentice's private frustration with his job. More at metronews.ca/video

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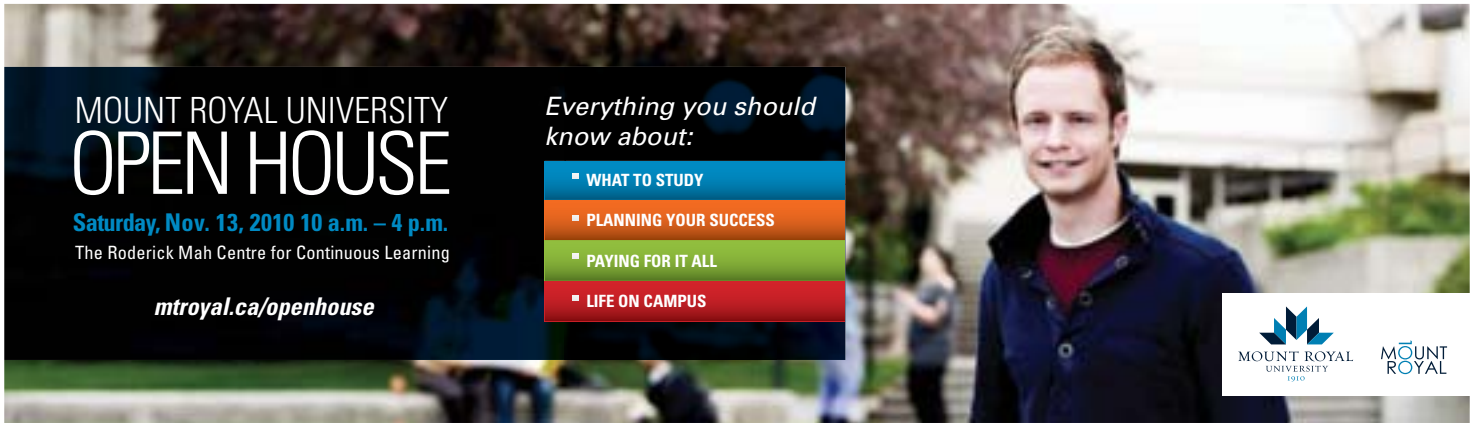

Youth get chance to Gear Up for cold

This is the seventh year for Gear Up, which has helped more than 1,000 youths A similar event, called Project Homeless Connect, will be held for adults on Nov. 20 at the Suncor Energy Centre

WARD
CALGARY@METRONEWS.CA

Everyone knows this beautiful weather won't last forever, and so a few Calgary organizations helped about 200 at-risk youth "Gear Up" for winter on Thursday.

Put on by a collective of youth agencies, the event targeted at-risk, street-connected and homeless youth aged 12 to 25.

"It is a grassroots, feel-good Gear Up for winter (to) provide youth with resources and necessities to help them survive," said Danene Lenstra, Gear Up committee member and team lead at the Alex Youth Health Centre.

The one-stop shop was located at the Knox United Church at 506–4th St. SW, and gave youth a chance to pick up clothing, backpacks and hygiene supplies.

Aside from material items they may need to survive a Calgary winter, services such as flu shots, dental care and haircuts were also provided.

"I think it means a lot to the kids," said Lenstra.

Help was also on hand for youth seeking birth certificates and health care. The event is held only once a year due to lack of resources.

"We have no funding, it is all by donation," said Lenstra.

One struggling 18-year-old, who has benefitted from the Alex Youth Health Centre and events like Gear Up, spent his afternoon giving back by volunteering at the event.

"The Alex has helped me out so much to help me transition into a home," said Ethan Myers.

Myers has just completed Grade 11 and said he plans on working towards his GED.

"I kind of dropped out so I could get my life back in order," said Myers, who is working toward finding a job before going back to school.

On the streets

- In 2008, there were 4,060 people living on Calgary streets.
- Twenty per cent of those were children and youth under age 24.
- Seventy-six per cent of youth living on the street reported being victims of violence.

CANDICE WARD/FOR METRO

▶ Ethan Myers, 18, takes a look at some of the items available at Gear Up on Thursday at the Knox United Church.

INVESTIGATION

Woman's death treated as suspicious

Police found a deceased woman in an apartment after responding to a 911 call for medical assistance in the 100 block of 13 Avenue SW on Nov. 3.

The call was made shortly after 10 p.m., said Duty Insp. Chris Butler of the Calgary police.

"We are treating the death as suspicious until the autopsy is completed," said Butler.

"Once the medical examiner has completed the autopsy, we will be advised if any foul play was involved or not."

MIKE GRONDIN

MRU honouring military with scholarships

Mount Royal University will be honouring former students and staff who served in the military by awarding scholarships in their names.

On Remembrance Day, MRU will officially launch their military memorial project, which will provide annual endowments to students.

"We have this long-standing tradition of being neighbours ... and now we're on the same land that all these people in the military went to," said Vance Gough, an associate professor at MRU and a reserve officer with the navy in Calgary.

"We also have a rich heritage of people that went to school and then served."

In total, the school will be giving 27 scholarships, each of which is worth $20,000. The scholarships will be available to students in the fall of 2011.

27 The number of soldiers from Mount Royal University who have died while serving in the military.

KATIE TURNER

Leads wanted in carjacking

Police are looking for any leads related to a carjacking that happened in the parking lot of Marlborough Mall.

On Oct. 28, a 27-year-old man was forcibly removed from his car after two suspects produced a knife.

Those with any information are asked to call 403-567-6400.

METRO

For more local news, visit metronews.ca

Police investigate shooting

Police are seeking help to piece together the events that sent two people to hospital with gunshot wounds last Friday morning.

One victim remains in hospital with serious but stable injuries.

Police are looking for three suspects, two dark-skinned males and one Caucasian male.

The incident occurred near the 4100 block of Marbank Drive NE around 1:35 a.m.

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COUGAR RIDGE

Cops seek tips in attack on girl, 13

Police are looking for the public's help after a 13-year-old girl escaped an attack in Cougar Ridge Wednesday morning.

The girl was attacked from behind by a man around 8:25 a.m., in the 400 block of Cougar Ridge Dr. SW.

She was able to fight off her attack and escape.

The man ran from the scene heading north on Cougarstone Court SW.

He has been described as Caucasian, between five-foot-nine and six feet tall with a medium build. He was wearing a light grey hoodie and blue jeans.

Anyone with any information is asked to contact police or Crime Stoppers.

METRO

Woman, 74, heads to prison

The case of Anne Semenovich, the 74-year-old grandmother accused of shooting her abusive husband, ended with a guilty plea Thursday and had both the prosecution and defence referring to the case as a tragedy.

"It's a legal issue, sure, but it's a human tragedy," said Crown prosecutor Jeff Morrison.

"I've never had a case as gruelling as this and I think this will be certainly something that I will remember throughout my career."

Semenovich pleaded guilty to manslaughter and indecent interference with human remains. She was handed the mandatory minimum sentence of four years for the manslaughter charge and two years, to be served concurrently, for the second charge.

"It's an extremely sad case and an unforgettable client."
LAURA STEVENS, SEMENOVICH'S LAWYER

"Given the totality of the circumstances, I think this is a just outcome today," Morrison said.

"Obviously the homicide is not justifiable, you shouldn't take a gun and kill people, but it stemmed from all those years of pain and misery."

Semenovich's defence lawyer, Laura Stevens, made a brief statement after her client was sentenced.

Semenovich's grandson Brian and her daughter Laurie are both facing charges in connection with this case.

THE CANADIAN PRESS

TIME TO STEP UP, CALGARY

Opinion

DJ KELLY
THE SCRUTINEER, WITH ANALYSIS OF CIVIC ISSUES IN THE CITY OF CALGARY

The municipal election is over. The shine of our brand new council still shows our reflection. But if history repeats itself, that reflection will no doubt fade within the next few months.

For years, sure, we had a council we voted in to represent us — but following an election, we were inclined to "let them get to it and make the city better." Then, down the road when they weren't doing exactly what we had wished, we'd chastise them.

This time around, I get the feeling we're experiencing something a little different: A sense that they can't do it without us, and they're actually willing to let us help.

I think we're all starting to realize it's the general public that actually makes the decisions, and we really can affect the way Calgary grows and betters itself.

The one thing that we know Naheed Nenshi's supporters — and Calgarians at large — created through their vote on Oct. 21 is a newfound sense of permission to participate.

For generations, we've deferred away our responsibility to an elected official. However, just because we elected them, that doesn't absolve us of responsibility.

I get the sense that many in Calgary see the election of Nenshi not as a saviour of some kind who will lead us in the way we wish, but instead as an end to that era.

Nenshi himself used the occasion of council's swearing-in ceremony to call for greater participation from the public.

"This council will be more open," he said.

"We'll make it easier for you to engage in our conversation. We'll better understand your needs and your priorities and we'll act on them. We'll listen. But you have to do your part. Hold us to account. Tell us when we're devolving into the politics as usual. Tell us when our priorities are not your priorities. Get engaged and stay engaged."

The one thing that we know Naheed Nenshi's supporters — and Calgarians at large — created through their vote on Oct. 21 is a newfound sense of permission to participate.

For generations, we've deferred away our responsibility to an elected official. However, just because we elected them, that doesn't absolve us of responsibility.

He finished his speech by calling on Calgarians to do this by joining their community association or working with an advocacy group like CivicCamp, a group he helped to co-found.

In the end, it's our city and we have a responsibility to ensure that our council hears us not just once every three years, but in an ongoing way.

They won't always do exactly as we wish — and we shouldn't fault them for using their wisdom to make decisions, even when we disagree — but Nenshi's promise to show that city hall is hearing us, even when we think they're wrong, is a big step in the right direction.

This is where the real work in building a better Calgary begins.

All of us in the public have to commit ourselves to helping this new council succeed by giving them as much information as possible and working with them to come up with solutions.

The days of belly aching and not accepting the responsibility to educate our leaders has to come to an end.

City council — and indeed the entire City of Calgary administration — must also commit themselves to the same thing.

No more whining about our complaining, and not having enough information to know what's going on.

It's time to open the doors to city hall and let us see inside. Things will only get better if we work together.

And if we do, this could be the beginning of a brand new era in Calgary.

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HINTON

Dirty syringes used

Several dozen patients at a Hinton health centre have been contacted to get tested for Hepatitis B, Hepatitis C and HIV after a health worker was discovered reusing syringes.

"Most of these 173 patients have actually already been contacted by phone," said Dr. Kathryn Koliaska, medical officer of health.

"The patients are identified as being at extremely low (risk) of contracting blood-borne viruses."

The patients underwent endoscopy procedures at the Hinton Healthcare Centre between March 1 and Sept. 15. Alberta Health said contamination may have occurred when syringes used to withdraw medication from multiple-dose vials were reused to withdraw more medication from the vial for the same patient.

THE CANADIAN PRESS

Prestigious award for Calgarian

Calgarian Christopher Gregg has won the prestigious Eppendorf/Science Prize for Neurobiology. Gregg, 35, won the award for his work in determining how maternal and paternal genes affect children's brains. He earned his PhD from the University of Calgary. KATIE TURNER

Award for Heritage Park

Heritage Park has been recognized as a winner for the 2010 National Awards for Tourism Excellence. The Gasoline Alley Museum, which houses rare vehicles and old gas pumps, was specifically acknowledged. The Tourism Industry Association of Canada gives out the award. KATIE TURNER

Trying to get some Quidditch on campus

MIKE GRONDIN/FOR METRO

▶ Left to right are Tsering Asha Leba, Paul Hamnett, Kelsey Parsons and Ben Cannon.

University of Calgary students look to sanction Harry Potter game

MIKE GRONDIN
CALGARY@METRONEWS.CA

Students with a keen love for Harry Potter are underway in getting a Quidditch athletics club sanctioned by the University of Calgary.

Equipped with Quaffles, Bludgers and a Snitch, this club-to-be has fused basketball, dodgeball and capture the flag into one sport, making their version of Quidditch work.

Currently, 40 people have shown interest in the club and are ready to sign up.

"It's definitely going to be a lot of fun," said Paul Hamnett, founder of this "Muggle" Quidditch club.

"I think it's going to be quite successful."

All players must play while a broomstick rests between their legs, which adds a challenge when chasing after the living snitch (a fast runner wearing a gold T-shirt).

Once the students' union at the U of C approves this club, tryouts and the beginning of the Quidditch season will commence.

"We all really love Harry Potter," said Hamnett.

"It will be a fun activity and it's not just any normal sport."

The first game is on Nov. 11 at noon at the Olympic Oval, and anyone can show up to play.

For more local news, visit metronews.ca

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  6 Evenings, Tuesdays & Thursdays 6:00-9:00 pm; (Next Year)

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Tories want to throw the book at sex predators

New plan for minimum sentences, not house arrest

Victims of childhood sexual abuse are applauding a proposed bill to create mandatory sentences for sexual predators.

The law would see perpetrators behind bars instead of under house arrest.

Justice Minister Rob Nicholson laid out the details of the Conservative government's proposal for tougher sentencing on Thursday in Toronto.

"It will ensure that child sexual offenders receive sentences that better reflect the seriousness of their crimes," said Nicholson.

Victims' rights organizations said they welcomed any change to sentencing rules, adding that for too long offenders have walked away from heinous abuse with just a slap on the wrist.

"What it's saying to victims is, 'We're listening, we care, you matter,' and they're not treating it lightly," said Ellen Campbell, a survivor of childhood sexual abuse and the executive director of the Canadian Centre for Abuse Awareness.

Campbell also said victims are reluctant to report abuse, because they realize the punishment doesn't fit the crime.

"I'm like most survivors. I didn't come forward until I was in my 40s," said Campbell, adding that by the time she spoke out, her abuser had likely died.

THE CANADIAN PRESS

The crackdown

- The bill, tabled in Ottawa, would establish mandatory prison sentences for seven existing Criminal Code offences, including luring a child, sexual assault and aggravated assault.
- Conditional sentences such as house arrest would no longer be available.
- It would be illegal for anyone to provide sexually explicit material to a child for the purpose of committing a sexual offence, also known as "grooming."

Barrie. Closing arguments

▶ Elaine Campione is seen with her two daughters in this photo handed out by the Barrie court.

THE CANADIAN PRESS

Doomed by mom's illness?

It was a "recipe for disaster" when a mentally ill single mother was released from a psychiatric ward with little more than a prescription and sent home alone to care for the two daughters she would later drown, the woman's lawyer told a court in Barrie, Ont., Thursday. Elaine Campione believed she was being followed by people trying to kill her and claimed she saw aliens, the court was told. Campione is charged with first-degree murder in the deaths of the girls — Serena, 3, and Sophia, 19 months.

More food inspectors needed, union says

The union representing federal food inspectors says Canadians aren't any safer now than they were during the deadly listeriosis outbreak two years ago.

That's because the Tory government still hasn't implemented all 57 recommendations made by an independent investigator, the union says.

A major concern is what it says is a lack of inspectors working in non-slaughter meat plants. It claims there are fewer inspectors working in meat plants now than before the outbreak.

But the Canadian Food Inspection Agency says there are more inspection staff than ever. It says it is adding 170 inspectors to its staff.

THE CANADIAN PRESS

23

Twenty-three people died and many more got sick after eating meat traced to a Maple Leaf Foods plant near Toronto.

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Philanthropy couple causes media stir

Nova Scotia woman diagnosed with cancer and her husband donate almost all of a $11.2M lottery win

MICHAEL GORMAN/THE CANADIAN PRESS

Allen and Violet Large

The phone hasn't stopped ringing at Allen and Violet Large's home over news the elderly Nova Scotia couple has given away almost $11.2 million in lottery winnings.

Allen Large said they've been overwhelmed by calls from across the country since a story about their philanthropy appeared in the Halifax Chronicle Herald Thursday.

"We're not used to all this attention," Large said as he fielded another call at the couple's modest home in Lower Truro.

"We're just plain, old country folks."

The Larges won their fortune in a July 14 Lotto 6-49 draw and decided to give almost all of it away.

After taking care of their family, the couple donated money to area churches, fire departments, cemeteries, the Red Cross and hospitals where Violet, who has cancer, has undergone treatment.

Large, a 75-year-old retired welder, said they gave away 98 per cent of their winnings and banked the remaining two per cent "for a rainy day."

Word of the couple's astounding generosity has drawn interest abroad.

A producer with ITV television in London called The Canadian Press Thursday looking to connect with the Larges, and the story drew a flood of comments from readers on the Daily Mail's website in the United Kingdom.

THE CANADIAN PRESS

YEDMAN

Where the birds roam

Today's photo of the day is by Canadian Yedman and was submitted in the Favourite Spot category. The photo is titled: High Park Bird. Enter your photos today and view more pictures at metrophotochallenge.ca.

metro PHOTO CHALLENGE

2,800 There are 2,800 Canadian troops currently based in Afghanistan. They are slated to begin returning home in July 2011.

Military leaves U.A.E.

The Canadian military has officially left Camp Mirage, a once-secret base in the United Arab Emirates.

A dispute between Ottawa and the U.A.E. over airline landing rights in Canada resulted in the military being kicked off the base. THE CANADIAN PRESS

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SPENCER PLATT/GETTY IMAGES

▶ With a storm on the horizon, a mother waits with her child at a Haitian camp Thursday as hundreds are moved to safety.

‘The hurricane is not a joke ... get out of here’

Haiti tells thousands of quake survivors to leave their tents as storm closes in Jamaica also a target

Haiti urged hundreds of thousands of homeless quake survivors to flee tents and tarps for sturdier shelter Thursday as Tropical Storm Tomas closed in with rains that threatened to unleash devastating floods.

But many stayed put — either to protect their few possessions or for lack of anywhere to go.

The storm was expected to brush Jamaica’s eastern provinces and then regain hurricane strength before passing near the western coast of Haiti early Friday morning with heavy rains, according to the U.S. National Hurricane Center in Miami.

14

Tomas killed at least 14 people when it hit the eastern Caribbean island of St. Lucia as a hurricane. On Thursday, a hurricane warning was in effect for Haiti, the southeast Bahamas, the Turks and Caicos Islands and Cuba’s Guantanamo province.

Haiti’s government urged evacuation of the emergency camps set up after the Jan. 12 quake.

As the skies darkened over Port-au-Prince and roof-tarps started flapping in the wind Thursday, a police officer at the Corail-Cesselesse camp shouted through a megaphone: “The hurricane is not a joke! You need to get out of here!”

There were plans to move people to schools, churches and other structures such as abandoned prisons.

THE ASSOCIATED PRESS

FOREIGNERS ABOARD

Airliner crashes in Cuba

A Cuban airliner flying from eastern Santiago de Cuba to the capital crashed Thursday night with 68 people aboard, including 28 foreigners, state media said.

There was no immediate word on whether anyone survived.

The AeroCaribbean plane went down near the village of Guasimal in Santi Spiritus province, carrying 61 passengers and a crew of seven, state TV said. It did not give a breakdown of nationalities for the foreigners.

At Havana’s national terminal, relatives of those on board the plane were kept away from other passengers and journalists.

The flight would have been one of the last leaving Santiago de Cuba for Havana ahead of Tropical Storm Tomas, which was on a track to pass between Cuba and the western coast of Haiti.

THE ASSOCIATED PRESS

Woman in veil attack sentenced

A Paris court handed a French retiree a one-month suspended sentence Thursday for attacking a Middle Eastern woman who was wearing a face-covering Muslim veil.

Jeanne Ruby had been charged with “aggravated violence” for scratching, biting and slapping the woman and snatching her veil off.

THE ASSOCIATED PRESS

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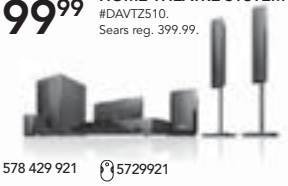

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WHY SANTA CLAUS IS DEAD

Other people's money

DAVID DESCÔTEAUX

This week, millions of Americans disgusted with politics demanded change. They voted for candidates who promised to reduce spending and force government to live within its means.

Don't ask me how we're going to create jobs," said Rand Paul, a newly minted U.S. senator since Tuesday, before a Kentucky crowd last April. "It's you who will create jobs. If we get out of your way."

In Toronto, mayor-elect Rob Ford spent his career in city council denouncing his colleagues' spending and privileges. "Partying with taxpayer money is over," repeated the football coach during his campaign.

In England, David Cameron's new government is putting the state on a diet. He plans to eliminate 490,000 public jobs by 2015. A majority of the population supports him.

The era of bailiffs

Historically, politicians have always played Santa Claus, but those days are over, according to Éric Duhaime, co-founder of the Quebec Liberty Network, a grassroots movement that promotes greater freedom of choice and individual responsibility.

"It's fun to play Santa, giving gifts and receiving thanks from everyone. But the kind of politician we need now, in Quebec and elsewhere, is a bailiff. Someone who will break down doors, twist arms, and go get the cheques."

This kind of work is less glamorous. Ribbon-cutting ceremonies on bright, sunny days will be rare. It's not surprising that fewer and fewer people want to go into politics, according to Duhaime. "Historically, politicians were used to hearing, 'Thank you so much, kind sir, thank you for giving us roads and arenas. Thanks for putting it on my children's credit cards.' Today, the credit cards are maxed out."

The task will be difficult and unpleasant, but the mission is noble: Serving the needs of the people instead of the whims of well-connected interest groups.

Taxpayers have had it with seeing their money used to bail out millionaire bankers, launch wars or placate unions.

In New Jersey, Gov. Chris Christie is so popular that many see him running for the U.S. presidency one day. His message: Let's stop making short-term decisions that dig us ever deeper.

"This year, many government employees will get an 11 per cent raise. It's going to cost New Jersey taxpayers $300 million, while thousands of these taxpayers just feel lucky to still have jobs. It's insane."

Santa Claus is dead. And that's a good thing.

David Descôteaux is a freelance economic journalist and an associate researcher at the Montreal Economic Institute.

Market moment

TSX	Dollar	Oil	Natural gas 1,000 cu ft
+ 207.67 (12,878.79)	+ 0.44¢ (99.76¢ US)	+ $1.80 US ($86.49 US)	$3.836 (– 3.4¢)
			Gold contracts $1,383.10 (+ $45.50)

PRICES AS OF 3 P.M. YESTERDAY

Pizza. Delivery

▶ A Domino's Pizza delivery man leaves an outlet by motorbike in Tokyo, Thursday.

KOJI SASAHARA/THE ASSOCIATED PRESS

Heck of a job offer

Need a job? Domino's Pizza Japan, Inc. is offering a one-hour part-time job in December. The pay? A mere $31,000 US. It's part of the marketing buzz around the 25th anniversary of the Japanese Domino's. Move to Japan now.

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- Review all distribution locations within the city (boxes and dealers) for accuracy and quality
- Review the procedures and efficacy of our distribution contractors and hand-promoters, ensuring they are adhering to Metro's policies.
- Seek and implement new distribution opportunities and locations within the general area

REQUIREMENTS OF THE POSITION:

- Knowledge of distribution strategies for news/print media preferred
- Strong reporting skills using Microsoft Word and Microsoft Excel
- Strong computer and email skills
- Excellent communication skills
- Ability to work at irregular hours (some evening work required)
- Assertive self-starter with own vehicle
- An adequate team player with an adaptable attitude

Individuals interested and having the skills described are requested to submit their resume and cover letter via email to hr@metronews.ca no later than November 15, 2010. PLEASE QUOTE: "DISTRIBUTION AUDITOR - CALGARY" in the subject line. All submissions will be treated as confidential.

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▶ Carlos Cuevas

5 MINUTES WITH: CARLOS CUEVAS

Carlos Cuevas is the goodwill ambassador for Kool 101.5 FM in Calgary. He has been with the station since before it went on the air more than three years ago.

How did you become the goodwill ambassador?
I was thinking on my way to work, and I thought what is the use in having two station vehicles parked at the station if we're not using them ... I walked into the station and I said that to my promo director and I asked her what do you think about booking hours for the street team to go out and about on three-hour times and, basically, if they see someone with a flat tire help them, if they see someone with a broken-down vehicle give them shelter, if they see someone stuck pull them out of the ditch, something like that ... Three weeks later, they brought me into a meeting and I was literally scared out of my face ... and they said you do it as a full-time job. It really caught me off guard and I wasn't expecting it and I just burst into tears.

Your job is basically to go around and help people and make people feel good. How awesome is that?
It's something that I don't feel fair to call a job. When they hired me, they told me just go outside, grab a microphone and be yourself. I think anybody could do that. I don't think it's fair for me to call it a job, just because it's fun. It doesn't feel like work.

Coming from Mexico, what's kept you in Calgary?
When I got here and I decided to transfer all my documents and become a full-time student, it was because back home in Mexico I was travelling a lot and I was going around trying to find myself and trying to find me, a place that I could actually call home and I felt that I belonged. Oddly enough, I've found that in a country away from home.

If you had to give Calgarians tips on being Kool, what tips would you give people?
Just be yourself, listen to the tunes that make you feel right and do everything that you've always wanted to do without looking back at what the consequences are.

KATIE TURNER

Cartoon

MICHAEL DE ADDER

Crushed by comments

Letters & Tweets

Re: I looked at a girl ... and liked it (Nov. 2)

OTTAWA. I find Jessica Napier's immature comments to be deplorable. As a Canadian citizen, I should not have to be faced with such discriminating characterizations of my sexual preference. Let's reiterate — should a girl look at another girl and "want to get with her," there would not be anything creepy about it. Period. Having a same-sex crush on a close friend is also not "weird" — it's a wonderful compliment. Homosexuality is a perfectly natural sexual desire. To classify same-sex desire as being "creepy" or "weird" is absolutely wrong and disrespectful. MIKE ARTELLE

TORONTO. I went into reading (the column) with curiosity as I find the topic interesting, and think the subject of same-sex crushes, whether platonic or not, needs to get out there more to help those experiencing them to feel OK about it, but wound up disappointed. While it's fine to be clear about (a same-sex crush) not being a sexual feeling, is it necessary to imply that if it was a sexual feeling, it would be "creepy?" I find this offensive. Same-sex sexual attraction is not "creepy." It's totally normal and can even happen to people who label themselves heterosexual.
JESSICA TAVARES

Attraction

What's your theme song? Why?

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Metro Minute at Mommylicious fair

Calgary moms looking for something fun to do this weekend should head over to the Mommylicious Trade Fair. The fair will feature a kids play area, face painting, balloons, stroller check, as well as hot chocolate and pictures with Santa.

For the moms, there will be 60 vendors, many of them local businesses, on site selling products and services to help with Christmas shopping. The event is organized by Sugar and Spice Photography along with Uberlicious. Attendance is free and open to everyone. The fair is running from 10 a.m. to 4 p.m. at the Carriage House Inn at 9030 MacLeod Trail South.

KATIE TURNER

Three days to play

DO YOU THINK IT'S A GOOD IDEA TO HAVE THE INDY HERE IN CALGARY?

Pamela Rodger
CALGARY
Yeah. I think it would be a good thing for the city.

Roy McNey
CALGARY
Hell yeah. I love cars and I don't see any reason not too. It would be great for publicity in Calgary.

Monsters director is out to show how you can make a sci-fi blockbuster without breaking the bank ◆ Alien invasion flick being compared to District 9 ◆ Raises issues about American national security and border security issues

▶ Monsters is a sci-fi film about octopus-like aliens taking over Mexico.

Creating movie Monsters for less

STEVE GOW
SCENE@METRONEWS.CA

Filmmaker Gareth Edwards is as confused as anyone about why Hollywood's special effects blockbusters cost millions of dollars to make.

"I'd love for you to ask that same question to (Hollywood producers) and say, 'Why is it so expensive?'" said the Emmy-nominated visual effects prodigy-turned-director recently in Toronto. "Essentially it's a guy on a computer in a room doing it. Who's getting the $10 million?"

With his thriller Monsters, Edwards is defying convention with his own sci-fi blockbuster that features a Mexico overrun by enormous octopus-like aliens. Impressively slick, the first-time filmmaker has proven that you can craft incredible effects that don't rely on an Avatar-sized bankroll.

"I genuinely don't know (how much it cost)," admitted Edwards while insisting Internet rumors the price tag was as low as $15,000 US are false. "We all got paid a wage so there's no way it could've been done for that, but probably the budget could've been close to that in terms of what was spent on-screen. It was a very low budget."

Monsters isn't only attracting attention for its cost-effective effects however. Comparing the film to District 9, critics are taking note of the movie's political subtext regarding American security and border policies — a distinction Edwards quickly downplays.

"It's really much more a case (that) I wanted to do this monster movie but I wanted it to be real and so you pull from real world situations," said Edwards. "(But) there's a lot of little parallels in there and I'm very happy for them to be there because I didn't want to make a film that was (just) entertainment."

Editing woes

▶ Garth Edwards

Largely improvised, Monster director Garth Edwards had a difficult time distilling Monsters into a watchable movie:

Big cuts. "We had about a hundred hours worth of stuff and the first cut was over four hours," said Edwards. "We stuck a big sign over the edit saying '90 minutes' because ... about one and a half hours into any movie, no matter how good it is, I do that thing where I look at my watch."

2 scene

News in brief

Take one look at Pharrell Williams' resume — or scroll down his Wikipedia page — and you'll see that he's accomplished a lot.

But Williams, who is one-half of the genre-bending production duo The Neptunes and frontman for rap-rock trio N.E.R.D, said there's still so much more he wants to achieve.

"I'd love to work with Eminem. I'd love to do it," the 37-year-old Grammy winner said in a phone interview Tuesday from Seattle. "It just hasn't happened yet."

THE ASSOCIATED PRESS

Good times: Jason Aldean celebrates his quiet success with My Kinda Party

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Movie review See it twice ●●●●● | See it now ●●●● | Worth watching ●●● | Yawn ●● | Don't bother ●

Great cast gives boost to weak script

Due Date
Genre: Comedy
Director: Todd Phillips
Stars: Robert Downey Jr., Zach Galifianakis, Danny McBride
●●●
If Robert Downey Jr. and Zach Galifianakis weren't arguably the two biggest stars in Hollywood right now, Due Date wouldn't exist. The script, clearly a generic road-trip comedy about an expectant father and a wannabe actor racing to Los Angeles, would have never been produced without the two stars signing on. Granted, they brought along The Hangover director Todd Phillips who clearly added some inspired gags and improv sessions (Galifianakis' pre-sleep ritual and Downey Jr. knocking out a kid are two of the biggest laughs in the movies this year), but the funniest moments all feel tacked onto a tired central structure that becomes tedious shortly after it begins. The biggest problem is that Phillips wanted to tug on his audience's heartstrings rather than just going for belly laughs. That's fine, but Phillips lacks Judd Apatow's touch with gentle drama, relying too often on the skill of his actors to get through wince-inducing monologues. Galifianakis and Downey Jr. are undeniably fantastic and almost elevate the project over a half-hearted remake of Planes Trains And Automobiles, but not quite.
PHIL BROWN

Father of My Children
Genre: Drama
Director: Mia Hansen-Love
Stars: Chiara Caselli
●●●
Based on a true story, Father of My Children is as unsentimental as it is shocking. Impossible to fully explain without blowing a key twist, the film tells the story of a family that must deal with their loving father's actions when he goes bankrupt. The movie's tone and simplicity might be best summed up with the inclusion of the Doris Day song, Que Sera, Sera.
STEVE GOW

Megamind
Genre: Animation
Director: Tom McGrath
Stars: Will Ferrell, Tina Fey
●●●½
With an assortment of pop culture references and some hilarious, clearly improvised voice work on behalf of its stars Will Ferrell and Tina Fey, Megamind is one of those rare family gems that win over both young and old. The story of a bumbling but brilliant supervillain that reluctantly takes on the role of public defender after he regrettably defeats local hero Metro Man (Brad Pitt), Megamind may be a familiar premise, but director Tom McGrath (Madagascar) works the comedic elements smoothly and keeps the visuals exciting.
STEVE GOW

Jack Goes Boating
Genre: Comedy-romance
Director: Philip Seymour Hoffman
Stars: John Ortiz, Philip Seymour Hoffman, Amy Ryan
●●●
Jack Goes Boating is based on Bob Glaudini's off-Broadway play about two working-class New York City couples. Clyde and Lucy are trapped in a marriage that is slowly rotting, while Jack and Connie carefully embark on a new romance. Quiet and insightful, this is a realistic look at relationships that places its emphasis on performances rather than plot.
RICHARD CROUSE

For Colored Girls
Genre: Drama
Director: Tyler Perry
Stars: Thandie Newton, Janet Jackson, Whoopi Goldberg
●
Writer/director Tyler Perry returns for his eighth movie since 2007. Since he doesn't strap on a dress to play Madea that means it's one of his depressing dramas and this one is a doozy. Interweaving the stories of eight main characters, Perry ensures that every possible tragic cliché befalls the protagonists.
PHIL BROWN

Stone
Genre: Drama
Director: John Curran
Stars: Robert De Niro, Edward Norton, Mila Jovovich
●●●
Stone is a muddled, but intriguing prison drama. This movie should have been a smart dirty thriller, but is teased out into an almost theological think-piece by director John Curran. The approach works wonders for the cast.
PHIL BROWN

"MEGAMIND' SOARS! A HILARIOUS COMEDY EVENT."
BOXOFFICE MAGAZINE, PETE HAMMOND

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FOX5 NEWS NEW YORK, PAT COLLINS

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FOX-TV, KEVIN McCARTHY

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REAL-LIFE SURVIVAL TALES ON THE BIG SCREEN

In Focus

RICHARD CROUSE
SCENE@METRONEWS.CA

Wikipedia defines survival as "the struggle to remain alive and living." Next to that definition should be a picture of Aron Ralston, the poster boy for survival at any cost.

His name may not ring a bell, but his remarkable story will make you wonder how far you would go to stay alive. You see, Ralston is the American mountain climber who was trapped by a boulder for five days in May 2003 and was only able to free himself by amputating his own arm.

His story is told in unflinching detail in 127 Hours, starring James Franco. The film is so intense that some audience members have suffered panic attacks and lightheadedness.

The same can't be said of Alive, the 1993 film about a Uruguayan rugby team stranded in the Andes, who, once their rations of wine and chocolate ran out, were forced to eat their deceased teammates to stay alive.

Based on real events, the facts of the story are gut wrenching, but as New Yorker critic Anthony Lane pointed out, "Most people know the story already; everyone began to titter with anticipation whenever one of the characters said he felt hungry."

The ghoulish humour some audiences found in the film's story of survival was echoed in Lane's review when he wrote that the film, "solemnly wring(s) a message of togetherness from the horror. Come closer to your friends than ever before, the movie says. Have them for lunch."

Less known than Alive's cannibalistic rugby players but just as compelling is Touching the Void, another true-life endurance drama.

The movie's lesson?

Never go mountain climbing.

Roger Ebert called the story of Joe Simpson's slow, painful climb from the bottom of a crevice to rescue "the most harrowing movie about mountain climbing I have seen, or can imagine."

Most of these movies have happy (or at least happy-ish) endings, but not all stories of survival end in triumph.

The anti-survival movie genre is alive and well, even if the characters usually aren't by the end of these films.

Into the Wild, the Oscar nominated story of an idealistic dreamer not up to the challenges of living on his own in the wilderness of Alaska, and Open Water, the tale of a pair of swimmers who become shark bait, don't have the inspirational uplift of some of the other movies I've mentioned, but can be essays in courage (or stupidity, depending on your viewpoint).

▶ Touching the Void is a true story about a disastrous climb in the Andes mountains.

the social network
"THE MOVIE OF THE YEAR."
★★★★ PETER TRAVERS Rolling Stone
"THE BEST PICTURE.
IT SENDS YOU OUT OF THE THEATER BUZZING, BREATHLESS AND EAGER TO TELL ALL OF YOUR FRIENDS, AND 'FRIENDED' FRIENDS, THAT YOU'VE JUST SEEN WHAT MIGHT END UP BEING THE BEST PICTURE OF THE YEAR."
BOB MONDELLO npr
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– Susan Granger, SSG SYNDICATE
"POWERFUL and PROVOCATIVE."
– Stephen Whitty, THE STAR-LEDGER
"DEAD-ON lead PERFORMANCES from Robert De Niro and Edward Norton."
– Peter Debruge, VARIETY
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THE FINAL CHAPTER IN THE TRILOGY EXPLODES
★★★★★ "THIS IS THE THRILLER OF THE DECADE" DAVID EDWARDS, DAILY MIRROR
★★★★ BETSY SHARKEY, LA TIMES
FROM THE BEST-SELLING TRILOGY BY STIEG LARSSON
the GIRL who KICKED the HORNETS' NEST
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THESE PAGES COVER MOVIE START TIMES FROM FRI., NOV. 5 TO THURS., NOV. 12. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

CANYON MEADOWS
Bay 110 13226 Macleod Trail, 403-670-5444

The American (14A) Fri-Thu 1:05-3:55-7:10
Case 39 (14A) Fri-Thu 9:55
Despicable Me (G) Fri-Thu 1:10-3:45-6:45
Devil (14A) Fri-Thu 9:50
Dinner for Schmucks (14A) Fri-Thu 1:35-9:55
Easy A (14A) Fri-Thu 3:50-6:55-9:25
Eat Pray Love (PG) Fri-Thu 12:55-3:50-8
The Expendables (STC) Fri-Thu 9:45
The Girl Who Played With Fire (18A) Fri-Thu 9:40
The Last Exorcism (14A) Fri-Thu 9:20
Nanny McPhee Returns (G) Fri-Thu 1-3:35-6:50
The Other Guys (PG) Fri-Thu 12:50-4:05-7:30-10:05
Salt (14A) Fri-Thu 1:20-3:40-7:25-10
Scott Pilgrim vs. the World (PG) Fri-Thu 1:15-4:10-7:05
Shrek Forever After (PG) Fri-Thu 1:25
The Switch (PG) Fri-Thu 4:15-7:15
Toy Story 3 (G) Fri-Thu 1:30-4:15-7

CROWFOOT CROSSING
91 Crowfoot Terrace, 403-547-3316

Bon Jovi: The Circle Tour (STC) Mon 7
Conviction (14A) Fri-Thu 1:15-3:40-6:55-9:35
Due Date (14A) Fri-Tue 1:10-3:20-6:40-9:15 Wed 3:20-6:40-9:15 Thu 1:10-3:20-6:40-9:15 Star & Strollers Screening Wed 1
Hereafter (PG) Fri-Thu 12:55-3:45-7:15-10:15
Jackass 3D (R) Fri-Tue 7:40-10:30
Life as We Know It (PG) Fri-Sun 1:30-4:10-7:35-10:25 Mon 1:30-4:10-10:25 Tue-Thu 1:30-4:10-7:35-10:25
Megamind (STC) No Passes Fri-Tue 1-3:30-7:30-10 No Passes Wed 3:30-7:30-10 No Passes Thu 1-3:30-7:30-10 No Passes Fri-Tue 12:30-12:45-3-3:15-7-9:30 No Passes Wed-Thu 12:30-3-7-9:30 Star & Strollers Screening, No Passes Wed 1
Morning Glory (PG) No Passes Wed-Thu 12:40-3:50-7:05-10:30
Paranormal Activity 2 (14A) Fri-Thu 1:45-4:20-7:15-9:40
Red (14A) Fri-Thu 1:40-4:35-7:25-10:20
Saw 3D (R) Fri-Tue 1:20-3:30-7:25-10:30 Wed-Thu 1:20-4-7:40-10:30
Secretariat (G) Fri 1:05-4:15-7:10-9:55 Sat 4:15-7:10-9:55 Sun-Thu 1:05-4:15-7:10-9:55
The Social Network (PG) Fri-Thu 1:25-4:25-7:35-10:20
The Tempest (STC) Sat 1

EAU CLAIRE MARKET
200 Barlay Parade, 403-263-3166

Conviction (14A) Fri 7-9:40 Sat-Sun 12:20-3:30-7-9:40 Mon-Wed 6:50-9:40 Thu 3:30-6:50-9:40
Due Date (14A) Fri 7:30-10 Sat-Sun 12:40-3:50-7:30-10 Mon-Wed 7:10-9:50 Thu 3:50-7:10-9:50
Hereafter (PG) Fri 6:30-9:30 Sat-Sun 12-3:10-6:30-9:30 Mon-Tue 6:30-9:35
Morning Glory (PG) No Passes Wed 6:30-9:35 No Passes Thu 3:10-6:30-9:35
Red (14A) Fri 7:15-10:10 Sat-Sun 12:30-3:40-7:15-10:10 Mon-Wed 7-9:55 Thu 3:40-7-9:55
The Social Network (PG) Fri 6:45-9:50 Sat-Sun 12:10-3:20-6:45-9:50 Mon-Tue 6:40-9:45 Wed 9:45 Thu 3:20-6:40-9:45
You Will Meet a Tall Dark Stranger (14A) Fri 7:45-10:20 Sat-Sun 12:50-4-7:45-10:20 Mon-Wed 7:20-10 Thu 4-7:20-10

EMPIRE STUDIO 16

COUNTRY HILLS
388 Country Hills Blvd., 403-686-8491

Action Replayy (PG) SR Dolby Digital, Stadium Seating Fri-Sun 12:35-4:20-7:50 SR Dolby Digital, Stadium Seating Mon-Thu 1:10-4:20-7:50
Alpha and Omega (G) SR Dolby Digital, Stadium Seating Fri-Sun 12:30-3-6:30 SR Dolby Digital, Stadium Seating Mon-Thu 1-3:15-6:30
Due Date (14A) No Passes, SR Dolby Digital, Stadium Seating Fri-Thu 1:10-1:40-3:45-4:15-7-7:30-9:40-10:10
Golmaal 3 (STC) SR Dolby Digital, Stadium Seating Fri-Thu 1:35-4:45-8
Hereafter (PG) SR Dolby Digital, Stadium Seating Fri-Sun 12:50-3:50-6:50-9:50 SR Dolby Digital, Stadium Seating Mon-Thu 1-3:50-6:50-9:50
Jackass 3D (R) Stadium Seating, SR Dolby Digital Fri 1:50-4:40-7:40-10:15 SR Dolby Digital, Stadium Seating Sat-Thu 1:50-4:40-7:40-10:15
Life as We Know It (PG) SR Dolby Digital, Stadium Seating Fri-Thu 1:25-4:05-6:50-9:30
Megamind (STC) No Passes, SR Dolby Digital, Stadium Seating Fri-Sun 12:40-3:10-6:40-9:05 No Passes, SR Dolby Digital, Stadium Seating Mon-Thu 1:05-3:30-6:40-9:05
Megamind 3D (STC) No Passes, SR Dolby Digital, Stadium Seating Fri-Thu 1:15-3:40-7:10-9:35
Morning Glory (PG) SR Dolby Digital, Stadium Seating Wed-Thu 1:15-3:50-6:55-9:30
Paranormal Activity 2 (14A) Stadium Seating, SR Dolby Digital Fri-Thu 1:45-4:10-7:15-9:55
Red (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:05-3:55-7:05-10
Saw 3D (R) SR Dolby Digital, Stadium Seating Fri-Thu 2-4:30-7:50-10:10
Secretariat (G) SR Dolby Digital, Stadium Seating Fri-Tue 1:05-4-6:55-9:45 SR Dolby Digital, Stadium Seating Wed-Thu 9:20
The Social Network (PG) SR Dolby Digital, Stadium Seating Fri-Thu 1:30-4:20-7:10-10
The Town (14A) SR Dolby Digital, Stadium Seating Fri-Sun 12:35-3:35-6:45-9:45 SR Dolby Digital, Stadium Seating Mon-Thu 3:35-6:45-9:45
You Again (G) SR Dolby Digital, Stadium Seating Fri-Tue 9:20

EMPIRE STUDIO 10 MACLEOD TRAIL
100-16061 MacLeod Trail, 403-974-0470

Due Date (14A) No Passes, SR Dolby Digital, Stadium Seating Fri-Thu 1-4:30-7:30-10
Hereafter (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:10-3:30-6:45-9:45
Jackass 3D (R) SR Dolby Digital, Stadium Seating Fri-Thu 1:40-4:40-7:40-10:15
Life as We Know It (PG) SR Dolby Digital, Stadium Seating Fri-Sun 12-3:20-6:40-9:30 SR Dolby Digital, Stadium Seating Mon 12-3:20-9:30 SR Dolby Digital, Stadium Seating Tue-Thu 12-3:20-6:40-9:30
Megamind 3D (STC) SR Dolby Digital, Stadium Seating, No Passes Fri-Thu 12:30-1:30-3:15-4:15-6:30-7-9:20-9:50
Morning Glory (PG) SR Dolby Digital, Stadium Seating Wed-Thu 1:20-3:40-6:50-9:40
Paranormal Activity 2 (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:15-4-7:20-9:55
Red (14A) SR Dolby Digital, Stadium Seating Fri-Thu 12:45-3:45-7:15-10:10
Saw 3D (R) SR Dolby Digital, Stadium Seating Fri-Thu 1:45-4:45-7:45-10:20
Secretariat (G) SR Dolby Digital, Stadium Seating Fri-Tue 12:20-3:40
The Social Network (PG) SR Dolby Digital, Stadium Seating Fri-Tue 6:50-9:40

GLOBE CINEMA
617-8 Avenue, 403-262-3308

The Big Lebowski (14A) Sat 9
Jack Goes Boating (14A) Fri 7:10-9:15 Sat 1:10-3:15-7:10 Sun 1:10-3:15-7:10-9:15 Mon-Wed 7:10-9:15 Thu 1:10-3:15-7:10-9:15
Nowhere Boy (14A) Fri 7-9:10 Sat-Sun 1-3:10-7-9:10 Mon-Wed 7-9:10 Thu 1-3:10-7-9:10

MOVIEDOME
1039 999 36 St. N.E., 403-248-2000

Action Replayy (PG) Fri 2-6:30-8:30
The American (14A) Fri-Thu 1:10-3:45-6:50-9:45
Despicable Me (G) Fri-Thu 12:55-3:55-6:40
Devil (14A) Fri-Thu 7:05-10:05
Easy A (14A) Fri-Thu 1:15-4:05-7:10
Eat Pray Love (PG) Fri-Thu 12:45-4:15-8
Golmaal 3 (STC) Fri 7:30-9:15
Nanny McPhee Returns (G) Fri-Thu 1-3:50
The Other Guys (PG) Fri-Thu 12:50-3:40-9:50
Resident Evil: Afterlife (18A) Fri-Thu 1:05-4-6:55-9:55
Toy Story 3 (G) Fri-Thu 12:45-3:35

SCOTIABANK CHINOOK
6455 MacLeod Trail, 403-212-8994

Due Date (14A) Fri-Thu 11:45-2-4:30-7:25-10:15 Fri-Thu 12:50-3:45-7-9:50
The Girl Who Kicked the Hornet's Nest (14A) Fri-Thu 12-3:05-6:45-10
Hedley: Go With The Show - Live in HD (STC) Sun 5
Hereafter (PG) Fri-Thu 12:20-3:20-6:50-10:10
Inception (PG) Fri-Sat 11:50-3:15-6:45-10 Sun 11:50-10 Mon-Thu 11:50-3:15-6:45-10
Jackass 3D (R) Fri-Thu 12:05-2:30-5-7:30-10:30
Life as We Know It (PG) Fri-Tue 1:15-4:15-7:20-10:20 Wed 1:15-4:15-10:20 Thu 1:15-4:15-7:20-10:20
Megamind (STC) No Passes Fri-Thu 1-3:45-7:15-10 No Passes Fri-Thu 12:2-30-5-7:30-10:20
Megamind: An IMAX 3D Experience (STC) No Passes Fri-Thu 11:30-2-4:30-7-9:30
Morning Glory (PG) No Passes Wed-Thu 1:05-4:10-7:10-10:05
Paranormal Activity 2 (14A) Fri-Thu 11:55-2:15-4:40-7:20-9:55
Red (14A) Fri-Thu 1:20-4:20-7:25-10:25
Saw 3D (R) Fri-Thu 12:50-3:10-5:25-7:45-10:30
Secretariat (G) Fri-Tue 12:25-3:25-6:55-10:05
The Social Network (PG) Fri-Tue 1:05-4:05-7:05-10:10 Wed 1:05-4:05-10:10 Thu 1:05-4:05-7:05-10:10
Stone (18A) Fri-Thu 1:10-4:10-7:10-10:05
The Tempest (STC) Sat 1 Wed 7
The Town (14A) Fri 12:30-4-7:15-10:15 Sat 4-7:15-10:15 Sun-Thu 12:30-4-7:15-10:15

PLAZA THEATRE
1133 Kensington Rd. N.W., 403-283-3636

(STC) Sun 4:30 Tue 9:15
Deeper - A Snowboard Adventure Into the Unknown (STC) Wed 7
The Father of My Children (STC) Fri-Sat 4:30 Sun 9 Mon 6:50 Tue-Wed 4:30 Thu 12
Giraf Animation Film Festival (STC) Fri 7-9 Sat 7 Sun 3-7
Harry Knuckles and the Treasure of the Aztec Mummy (STC) Thu 6:15
Ikiru (STC) Sat 12
Indiana Jones and the Last Crusade (PG) Thu 6:50
Indiana Jones and the Temple of Doom (14A) Thu 4:15
The Last Waltz (STC) Sat 9:15 Mon 9:15
Pages at the Plaza (STC) Sun 11
Raiders of the Lost Ark (STC) Thu 2:15
Spike & Mike's Sick & Twisted Festival of Animation 2010 (STC) Fri 10:45 Thu 9:15
Taxi Driver (14A) Tue 7 Wed 9:30

SUNRIDGE SPECTRUM
2555 32nd Street, 403-717-1200

Due Date (14A) Fri-Thu 12:05-12:45-2:50-3:30-5:15-6:55-7:45-9:55-10:25
Hedley: Go With The Show - Live in HD (STC) Sun 5
Hereafter (PG) Fri-Thu 12:50-4-7:05-10:10
Jackass 3D (R) Fri-Thu 12:25-3:10-7:30-10:05
Legend of the Guardians: The Owls of Ga'Hoole (PG) Fri-Tue 12:15-2:55-6:35-9:20
Life as We Know It (PG) Fri-Thu 12:10-3:05-7:20-10:10
Megamind (STC) No Passes Fri-Tue 1-3:45-6:30-9:25 No Passes Wed 3:45-6:30-9:25 No Passes Thu 1-3:45-6:30-9:25 No Passes Fri-Thu 12-12:30-2:40-3:15-5:10-7-7:40-9:50-10:20 Star & Strollers Screening, No Passes Wed 1
Morning Glory (PG) No Passes Wed-Thu 12:15-3-6:45-9:40
Paranormal Activity 2 (14A) Fri-Thu 12:40-3:25-7:15-10
Red (14A) Fri-Thu 12:20-3:20-6:40-9:35
Saw 3D (R) Fri-Thu 12:55-3:35-6:50-9:30
The Social Network (PG) Fri-Thu 12:05-2:55-6:45-9:45
The Town (14A) Fri-Sat 12:35-3:50-7:10-10:15 Sun 12:35-7:50-10:35 Mon-Thu 12:35-3:50-7:10-10:15

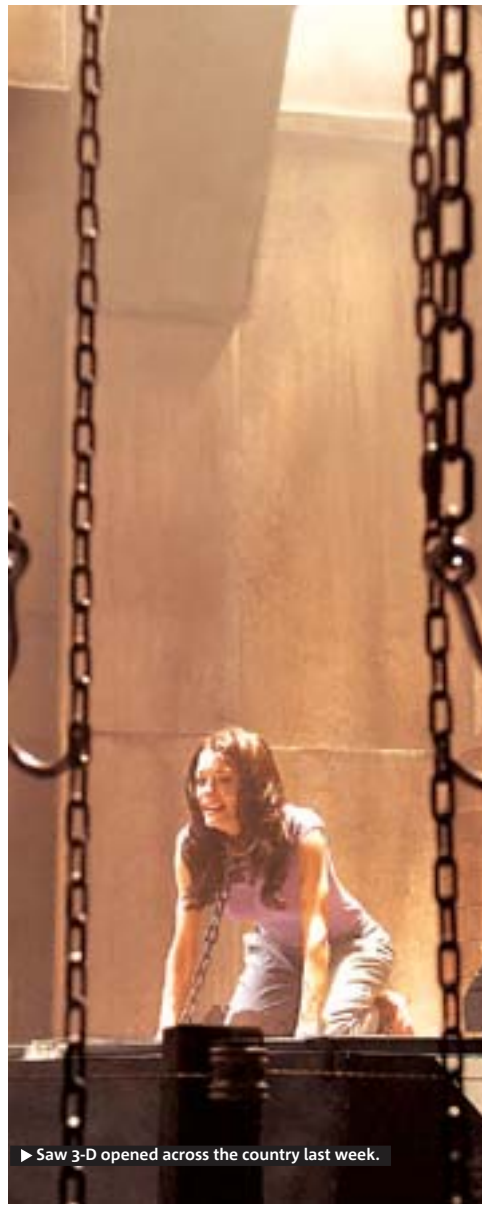
THE UPTOWN STAGE & SCREEN
612 8th Ave. S.W., 403-265-0120

Catfish (PG) Fri 5:10-8:50 Sat-Sun 2:50-5:10-8:50 Mon-Thu 5:10-8:50
Fubar II (18A) Fri 7-9 Sat 1-3-7-9 Sun 1-3-9 Mon-Thu 5:10-8:50
It's Kind of a Funny Story (PG) Fri 4:50-6:50 Sat-Sun 12:40-4:50-6:50 Mon-Thu 4:50-6:50

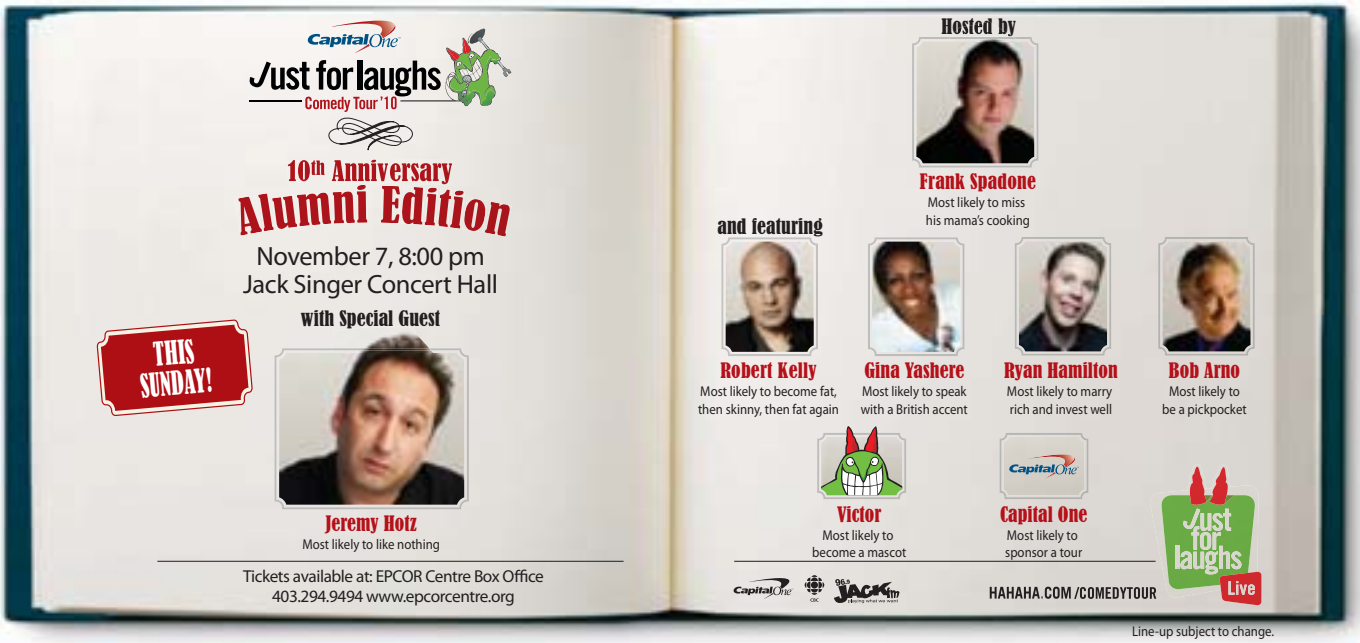
WESTHILLS 10
165 Stewart Green, 403-246-5291

Bon Jovi: The Circle Tour (STC) Mon 7
Due Date (14A) Fri-Sun 12:30-3-5:20-7:50-10:30 Mon-Wed 6:15-8:45 Thu 12:30-3-5:20-7:50-10:30
The Girl Who Kicked the Hornet's Nest (14A) Fri-Sun 2:30-7:10:20 Mon-Wed 5:05-8:10 Thu 2:30-7:10:20
Hereafter (PG) Fri-Sun 12:35-3:35-7:10:10 Mon-Wed 5:25-8:20 Thu 12:35-3:35-7:10:10
Jackass 3 (R) Fri-Sun 12:50-3:25-7:45-10:30 Mon 4:30 Tue 4:30-7:45 Wed 4:30 Thu 12:50-3:25-7:45-10:30
Life as We Know It (PG) Fri-Sun 1:20-7:10 Mon-Tue 6
Megamind (STC) No Passes Fri-Sun 12:15-2:40-5:10-7:35-10:10 No Passes Mon-Wed 5:20-7:35 No Passes Thu 12:15-2:40-5:10-7:35-10:10
Morning Glory (PG) No Passes Wed 6-8:35 No Passes Thu 1:20-4:15-7:10-10
Paranormal Activity 2 (14A) Fri-Sun 1:50-4:30-7:15-10:15 Mon-Wed 6:30-9 Thu 1:50-4:30-7:15-10:15
Red (14A) Fri-Sun 12:40-3:40-6:50-9:40 Mon-Wed 5:35-8:40 Thu 12:40-3:40-6:50-9:40
Saw 3D (R) Fri-Sun 1:40-4:10-7:40-10:05 Mon-Wed 6:20-8:50 Thu 1:40-4:10-7:40-10:05
The Social Network (PG) Fri-Sun 1-4-7:25-

HANDOUT



▶ Saw 3-D opened across the country last week.



Line-up subject to change.

Mix of Six

Expo

November 5-6, 2010
Calgary Men's Expo "Wha
November 5-6, 2010
Calgary Men's Expo
"What Men Really Want"
BMO Centre, Stampede Park
Everything guys can dream of from boats, to motorcycles, to paintball and beyond, the Calgary Men's Expo has it. Tickets are $10 and $5 for ladies. The event runs for 5 p.m. to 10 p.m. Friday and 10 a.m. to 6 p.m. Saturday.

Critters

November 6, 2010
8th Annual Cocktails for Critters Fundraiser
Hotel Arts Ballroom, 119 - 12th Avenue S.W.
The Calgary Humane Society's annual Cocktails for Critters fundraiser is taking place on Saturday from 7 p.m. to midnight, with the theme of "Howlywood, Lifestyles of the Furry & Fabulous." Tickets are $150 and go towards helping the animals.

Snow show

November 6-7, 2010
Calgary Snow Show
BMO Centre, Stampede Park
Snow enthusiasts will rejoice at this weekend's Calgary Snow Show, which features over 80 exhibitors. Tickets are $9 for adults, $7 for seniors and students and children under 11 are free. The show runs from 10 a.m. to 6 p.m. on Saturday and 11 a.m. to 5 p.m. on Sunday.

Christmas

November 5-7, 2010
Millarville Christmas Market
Millarville Racetrack, Millarville, Alberta
Crafts, goodies and artwork are among the many items that can be found at the Millarville Christmas Market. With more than 170 vendors, there are plenty of Christmas gift options. The sale starts at 10 a.m. Friday, Saturday and Sunday. Entry is $5 per person or $10 per car.

Gift fair

November 6, 2010
26th Annual Holiday Peace Fair
St. David's United Church, 3303 Capital Hill Cres. N.W.
9:30 a.m.-4:00 p.m.
$3 Admission, children under 12 free.
Unique gifts can be found from a variety of organizations at this fair which runs from 9:30 a.m. to 4 p.m. Admission is $3 and children under 12 are free.

Make It Calgary

November 5-7, 2010
Welcome to Make It Calgary!
Calgary Chinese Cultural Centre, 197 1 Street S.W.
Handmade items are all the rage at Make It Calgary. The sale is open from 4 p.m. to 9 p.m. on Friday, 10 a.m. to 5 p.m. Saturday and 11 a.m. to 5 p.m. on Sunday. Admission is $5 at the door and children under 12 are free.

Chocolate Fudge Cups

PREP TIME: 10 MIN. ➤ TOTAL TIME: 38 MIN ➤ MAKES: 6 SERVINGS

What You Need

3 squares *Baker's* Semi-Sweet Chocolate
1 Tbsp. canola oil
1/3 cup unsweetened cocoa powder
1 Tbsp. *Maxwell House* Instant Coffee
4 egg whites
3 Tbsp. brown sugar blend sugar replacement
1 tsp. icing sugar
1/4 cup raspberries

Make it

HEAT oven to 350°F.

MICROWAVE chocolate and oil in microwaveable measuring cup on HIGH 1 to 2 min. or until chocolate is completely melted. Stir in cocoa powder and coffee granules; cool 5 min.

BEAT egg whites and brown sugar replacement with mixer on high speed 3 min. or until tripled in volume. Add chocolate mixture; beat on medium-low speed just until blended. Spoon into 6 paper-lined muffin cups.

BAKE 18 min. or until tops are puffed and centres are set. Cool in pan 5 min. Serve warm topped with icing sugar and berries.

Nutrition Information Per Serving: 140 calories, 8g total fat, 3.5g saturated fat, 0mg cholesterol, 35mg sodium, 18g carbohydrate, 3g dietary fibre, 12g sugars, 4g protein, 0%DV vitamin A, 2%DV vitamin C, 2%DV calcium, 10%DV iron. Exchange: 1 Carbohydrates, 1-1/2 Fats

THIS WEEK ON THE SHOW – LIVING WELL WITH DIABETES ➤ whatscookingtv.com

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Blair Underwood lands on alien territory

Known for his roles in the 'as-real-as-it-gets series,' actor Underwood boldly braves the world of sci-fi

On The Event, Blair Underwood plays newly sworn-in President Elias Martinez, who meets with crises he could never have imagined when he took office.

One problem he inherits is from out of this world: What to do about extraterrestrial aliens who crash-landed in Alaska in 1944. While an unknown number of them remain at large to this day, 97 are imprisoned as Top Secret detainees.

How would the American people react on learning of the aliens' existence? And do some of these creatures pose a threat to human life?

Such questions dog Martinez, who is just one of many characters in this multi-strand thriller.

Airing Mondays at 9 p.m. ET, The Event has the action-adventure ram-bunctiousness of 24 and a time-shifting narrative that smacks of Lost.

But Underwood recalls that, when he was first approached by its producers, "My major question was, 'How authentic do you see this show?' They said, 'We want to keep it as realistic as possible."'

It figures Underwood would ask.

During a quarter-century of roles, the 46-year-old actor has tried to keep at least one foot on the ground with performances that feel real, going back to his breakout role as smooth but headstrong attorney Jonathan Rollins on L.A. Law. He subsequently starred on the medical dramaCity of Angels, joined the cast of Sex and the City its final season and set off

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sparks with Heather Locklear on their short-lived airport television drama, LAX.

Whatever it is, Martinez seems to have it, even as, radiating dignity and leadership, he wrestles with a crisis he still can't fully grasp.

Most recently, he has focused on the mysterious disappearance of Sophia Maguire (Innes), the leader of the detainees with whom Martinez had met to discuss their release.

Martinez was born in Miami to Cuban refugees, but his Afro-Cuban heritage is just one of many details that make up the character.

"Race comes into play in every aspect of life, whether we acknowledge it or not," he says.

"But the conscious effort I make as an actor is, 'Just let this man be a person."'

Underwood's interest in acting was triggered at an early age.

"I'd watch the kids on TV and think how cool that must be," he recalls. "I wanted to know, 'How do I get in that box like those other kids?"'

THE ASSOCIATED PRESS

SUBMITTED

▶ Bl;air Underwood, middle, stars as President Elias Martinez in The Event

TV picks

Undead and unhappy

HORROR If you missed the Walking Dead premiere that aired Halloween night, you get another chance to check out the much-hyped zombie series before episode two delves deeper into the apocalypse this Sunday. (Friday, AMC)

Meet Dan, the other man

DRAMA. Steve Carell of The Office stars in the feel-good film, Dan in Real Life. Here, he plays a widower who falls in love with his brother's girlfriend. (Friday, W Network)

Whoville for Carrey & Carell

FAMILY. The classic Dr. Seuss tale, Horton Hears a Who! gets the movie treatment with the help of voices from Jim Carrey as Horton and Steve Carell as the mayor of Whoville. (Saturday, Teletoon)

A mystery and the Mac guy

THRILLER Jeepers Creepers is genuinely creepy, in large part due to a nerve-wracking car chase that kicks things off. Justin Long and Gina Philips play siblings who spot a mysterious cloaked figure on an abandoned farm as they drive along a quiet country road. (Saturday, AMC)

Halloween: Second Helping

COMEDY It's still Halloween over on Global and Fox, where the all-animation lineup kicks off with The Simpsons and Treehouse of Horror XXI. Later on Family Guy, Peter and Joe team up to pull Halloween pranks and Brian shows Stewie the ropes of trick-or-treating. (Sunday, Global, Fox).

THE CANADIAN PRESS

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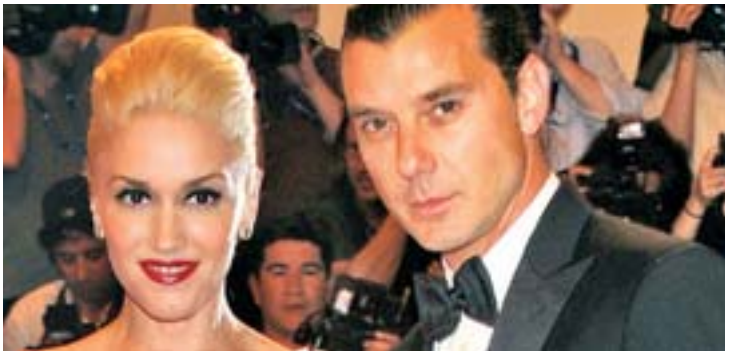
Lovato leak lands criticism

Demi Lovato's mother and step-father aren't too pleased with her dad, Patrick Lovato, for talking to the press about his daughter's entering a treatment facility — especially since Patrick reportedly hasn't seen her in two years. "No one speaks for Demi except for her designated representatives," the young Disney star's lawyer tells Page Six. "Unfortunately, several people have taken it upon themselves to speak out — both on and off the record — about a situation they know nothing about." METRO

Is it adoption for Gwen and Gavin?

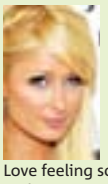
Gwen Stefani and Gavin Rossdale are reportedly considering adoption for their third child, hoping to bring home a little sister for sons Kingston and Zuma, according to Hollywood baby. The singer admitted in an interview earlier this year "it does seem weird" that they haven't had a daughter yet and that she and Rossdale have been putting "a lot of energy" into getting pregnant again. METRO



Christina moves on

Christina Aguilera is apparently already set to move on from husband Jordan Bratman just two weeks after filing for divorce. "In light of my current situation, here's to finding new love," she announced at a Halloween party. METRO

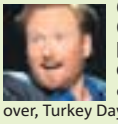
Celebrity tweets



Paris Hilton **[@paris hilton]** Just finished with a busy day of business meetings. Love feeling so productive and getting so much done. It's fun being a business woman :)

Mika **[@mika]** I passed my driving test today!! Londoners beware; liability on the road

Jewel **[@jewakjk]** Best grocery shopping outfit everway to go guy, guy in red spandex unitard!



Conan O'Brien **[@Conan OBrien]** Candy day is over, Turkey Day is coming up, and Egg Nog & Ham day is right around the corner...Why aren't we all dead? METRO

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HANDOUT/THE ASSOCIATED PRESS

▶ Sweet potato chocolate cake packs a healthy punch.

Cake can be healthy too

This moist and scrumptious chocolate cake is infused with the goodness of sweet potato. It makes a uniquely delicious end to a special dinner and is a source of fibre and vitamin C.

Sweet Potato Chocolate Cake

Preparation:

1 Preheat oven to 180 C (350 F). Over a saucepan of boiling water, place frozen sweet potatoes in a steamer basket and steam for 12 minutes or until very tender. (Make sure there is a gap between the top of the water and the bottom of the steamer basket.) Place sweet potatoes in a large bowl and mash using a potato masher. Add chocolate and let stand for 2 minutes or until melted, then stir to combine. Let cool.

2 In another large bowl, beat butter and sugar until fluffy. Beat in eggs, one at a time, and beat in vanilla. Beat in sweet potato mixture.

3 In another bowl, whisk together flour, baking powder, baking soda and salt. Stir into chocolate mixture until combined. Scrape into parchment paper-lined 3-l (13-by-9-inch) baking pan and spread evenly in pan. Bake for about 25 minutes or until cake tester inserted in centre comes out clean.

4 Immediately after cake comes out of oven, sprinkle chocolate chips over top of cake and let stand for 2 minutes. Spread evenly, then sprinkle with toffee and pecans. Let cool. This recipe is good for 12 to 16 servings.

THE ASSOCIATED PRESS

Ingredients :

- 1 bag (454 g) frozen sweet potato chunks
- 180 g bittersweet (70 per cent) chocolate, chopped
- 150 ml unsalted butter
- 175 ml packed brown sugar
- 2 eggs
- 10 ml vanilla
- 500 ml all-purpose flour
- 5 ml baking powder
- 2 ml baking soda
- Pinch salt
- 75 ml chocolate chips
- 75 ml toffee bits
- 50 ml chopped pecans

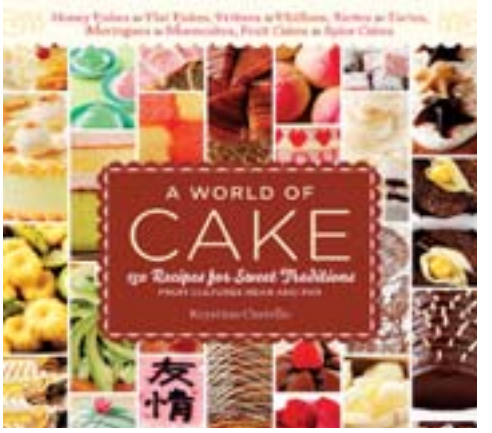
The history of cake

A fundraising bake sale at the college where Krystina Castella teaches gave her the incentive to write a book about cakes from around the world. International students brought Korean, South African, Indian Eastern European and Middle Eastern cakes for the event.

"I discovered that cake is tied to every culture in terms of celebration," says Castella, 43, a professor at Art Center College of Design in Pasadena, Calif. "Where other foods are specific to certain countries I discovered in my research there are cakes in every single culture."

What is enduring about Castella's A World of Cake is that it is not only a cookbook, but also a historical lineage of traditional cakes from region to region. Readers will find cake history as well as information on sweet delicacies from such far-flung places as Africa, the Indian subcontinent, Latin America, Eastern Europe and Asia.

From the research for her previous baking cookbooks, Castella had many contacts across the world and was able to communicate by e-mail to ask for recipes. "People ask me if I travelled to all the countries to sample the more than 150 recipes in the book, and all I can say is, 'I wish.'" THE CANADIAN PRESS



3 life

Superfood

Cry me a river, onions are good

Onions are a member of the Allium family and are rich in sulphur-containing compounds that emit a pungent odour and can cause some to cry when cutting them. But don't cry too hard: Rich in sulphides, onions can provide protection against the development of tumors in areas such as the stomach. They also help fight common colds, asthma and lower blood pressure. METRO

Veal and bean soup packs nutrient punch and it's also simple to prepare. Scan code for recipe.

4 sports

Making every play count

- Burris will use Friday's game as preparation for the playoffs
- Despite already clinching, Stamps QB says his team wants a win

JEFF MCINTOSH/THE CANADIAN PRESS

▶ Stampeders quarterback Henry Burris throws a pass during last week's game against the Hamilton Tiger-Cats.

Henry Burris doesn't know how many snaps he'll take Friday, but he wants to make every one count.

The Calgary Stampeders quarterback will use Friday's game against the Winnipeg Blue Bombers as a playoff primer.

The Stampeders (12-5) have clinched first in the CFL West Division and won't see action again until they host the final on Nov. 21.

"I hope I get a chance to play a good amount of the game," Burris said before flying to Winnipeg.

"I'm preparing myself to do that, but I'm going to go out and play hard until I'm asked to come off the field."

CALGARY | WINNIPEG

▶ **Time:** 6 p.m., Friday
Channel: TSN

The 12-year veteran leads the league's passers with 4,890 yards and 37 touchdowns and is the team's nominee for outstanding player.

He doesn't see his teammates slacking off because they're playing the 4-13 Bombers and the game doesn't affect the standings.

"I know our guys are going to be ready to play," Burris said. "Even though we don't play until two weeks later, we want to make sure we come back on that plane with a good taste in our mouths."

Calgary head coach John Hufnagel also tried to make sure his players didn't view the game as a meaningless game.

"The one thing Huf touched on this week is the fact that 'What type of team are we? Are we a team that plays with pride as far as when we step on the field? Do we want to do what it takes to achieve victory each and every time and get better?'" Burris said.

"That's the attitude we had in 2008 when we made that great run and won the Grey Cup that year. Definitely this is a challenge for us."

The Stamps are tied for the CFL's best record with Montreal and have scored the most points (591) and are tied for fewest points given up (427).

They're coming off a 55-24 kicking of the Hamilton Tiger-Cats last week, while Winnipeg lost 16-13 in overtime to Edmonton.

THE CANADIAN PRESS

Quoted

"It can't get any better than this. The heart rate keeps elevating the closer we get to this day, that's for sure."

FORMER CANADIAN WOMEN'S TEAM FORWARD ANGELA JAMES, ON HER IMPENDING INDUCTION INTO THE HOCKEY HALL OF FAME.

Scan code for more sports

Baseball legend Anderson dead at 76

Reds fans were taken aback when Sparky Anderson showed up in Cincinnati for his first day as a big league manager; an unknown taking over baseball's first professional team.

Sparky who?

Really?

By the time he was done, this man with the shock of white hair and schoolboy nickname would produce a mighty list of achievements that featured three World Series titles — including crowns in each league — and a Hall of Fame entry on his resumé.

Anderson, who directed the Big Red Machine to back-to-back championships and won another in Detroit, died Thursday from complications of dementia in Thousand Oaks, Calif. He was 76. A day earlier, his family said he had been placed in hospice care.

"He was a good guy," former Tigers pitcher Jack Morris said, choking up over the news. "Baseball will have very few people like Sparky. He was a unique individual. He was a character with a great passion and love for the game."

He never tried to overshadow his teams, giving his stars great leeway while trying to stay in the background. At Anderson's request, there will be no funeral or memorial service.

Anderson was the first manager to win World Series titles in both leagues and the only manager to lead two franchises in career wins.

His Reds teams featuring Pete Rose, Johnny Bench and Joe Morgan that won crowns in 1975 and 1976 rank among the most powerful of all time. Led by Kirk Gibson and Alan Trammell, Anderson won with the Tigers in 1984.

Anderson's win total of 2,194 was the third highest when he retired after the 1995 season, trailing only Connie Mack and John McGraw. THE ASSOCIATED PRESS

Red Sox won't let Ortiz walk

The Boston Red Sox kept designated hitter David Ortiz by exercising a $12.5-million US club option Thursday, and the San Francisco Giants declined a $9.5-million option on World Series MVP Edgar Renteria.

Teams had until midnight ET to exercise options under the new rules agreed to by the commissioner's office and players' association in September. Under the fast-track timetable, free agents such as Cliff Lee, Carl Crawford and Jayson Werth can start negotiating with all teams Sunday, the sixth day after the World Series.

Ortiz wanted a new multi-year contract, but the Red Sox didn't want to make a longer commitment to a player who turns 35 in two weeks. While he made his sixth AL all-star team, he got off to his second straight slow start. Ortiz finished with a .270 average, 32 homers and 102 RBIs.

THE ASSOCIATED PRESS

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▶ Sparky Anderson

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d-Philadelphia	13	8	4	1	0	41	30	17	6-3-0-0	2-1-1-0	6-4-0-0	W5
d-Tampa Bay	11	7	2	2	0	37	33	16	3-1-1-0	4-1-1-0	6-2-2-0	L1
d-Montreal	12	7	4	1	0	29	28	15	3-2-1-0	4-2-0-0	6-3-1-0	L2
Washington	12	8	4	0	0	39	29	16	5-1-0-0	3-3-0-0	7-3-0-0	W2
Boston	9	7	2	0	0	29	13	14	2-2-0-0	5-0-0-0	7-2-0-0	W3
Atlanta	13	6	5	1	1	40	46	14	2-3-0-0	4-2-1-1	5-3-1-1	L1
NY Rangers	12	6	5	1	0	35	36	13	2-3-1-0	4-2-0-0	5-4-1-0	L1
Pittsburgh	13	6	6	1	0	37	33	13	2-4-0-0	4-2-1-0	5-4-1-0	L1
Ottawa	13	6	6	1	0	33	38	13	4-3-0-0	2-3-1-0	6-4-0-0	W2
Carolina	12	6	6	0	0	34	35	12	2-2-0-0	4-4-0-0	4-6-0-0	W1
Toronto	12	5	5	1	1	29	31	12	3-3-1-0	2-2-0-1	3-5-1-1	L4
NY Islanders	13	4	7	1	1	34	48	10	2-1-0-1	2-6-1-0	3-6-1-0	L6
New Jersey	14	4	9	1	0	25	45	9	0-4-1-0	4-5-0-0	3-7-0-0	W1
Florida	10	4	6	0	0	27	25	8	2-2-0-0	2-4-0-0	4-6-0-0	L1
Buffalo	13	3	8	2	0	32	43	8	0-5-1-0	3-3-1-0	2-6-2-0	L4

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-St. Louis	10	7	1	1	1	28	17	16	6-0-0-0	1-1-1-1	7-1-1-1	W5
d-Los Angeles	11	8	3	0	0	34	25	16	4-0-0-0	4-3-0-0	7-3-0-0	W2
d-Vancouver	12	7	3	0	2	34	28	16	5-0-0-1	2-3-0-1	6-3-0-1	W5
Columbus	12	8	4	0	0	28	29	16	4-3-0-0	4-1-0-0	7-3-0-0	W2
Detroit	10	7	2	0	1	32	25	15	4-1-0-1	3-1-0-0	7-2-0-1	W2
Chicago	15	7	7	1	0	44	45	15	4-3-0-0	3-2-1-0	5-5-0-0	L2
Dallas	11	7	4	0	0	37	29	14	4-3-0-0	3-1-0-0	6-4-0-0	W2
Nashville	11	5	3	3	0	26	29	13	2-1-3-0	3-2-0-0	4-3-3-0	L3
Colorado	12	6	5	1	0	40	42	13	2-3-0-0	4-2-1-0	5-4-1-0	L1
Minnesota	11	5	4	0	2	27	27	12	4-3-0-1	1-1-0-1	5-3-0-2	W1
Calgary	12	6	6	0	0	34	36	12	4-4-0-0	2-2-0-0	5-5-0-0	L3
San Jose	11	5	4	2	0	29	28	11	2-2-1-0	3-3-0-0	4-5-1-0	L2
Phoenix	11	4	4	3	0	27	42	11	2-2-2-0	2-2-1-0	3-4-3-0	W1
Anaheim	13	5	7	0	1	32	44	11	3-1-0-1	2-6-0-0	5-4-0-1	W1
Edmonton	10	3	5	0	2	31	37	8	2-3-0-0	1-2-0-2	3-5-0-2	L1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Philadelphia 4 N.Y. Rangers 1
Columbus 3 Atlanta 0
Ottawa 4 N.Y. Islanders 1
St. Louis 2 San Jose 0
Vancouver 3 Colorado 1
Tampa Bay at Los Angeles
Wednesday results
Detroit 2 Calgary 1
Washington 5 Toronto 4 (SO)
Anaheim 3 Tampa Bay 2 (OT)
Atlanta 4 Florida 3
Boston 5 Buffalo 2
Carolina 7 N.Y. Islanders 2
Dallas 5 Pittsburgh 2
New Jersey 5 Chicago 3
Phoenix 4 Nashville 3
Tonight's games
(All times Eastern)
N.Y. Rangers at New Jersey, 7 p.m.
Boston at Washington, 7 p.m.
Montreal at Buffalo, 7:30 p.m.
Carolina at Florida, 7:30 p.m.
Calgary at Minnesota, 8 p.m.
Phoenix at Dallas, 8:30 p.m.
Detroit at Edmonton, 9 p.m.
Pittsburgh at Anaheim, 10 p.m.

SENATORS 4 ISLANDERS 1

First Period
1. Ottawa, Gonchar 2 (Spezza, Regin) 12:20
Penalty — Smith Ott (boarding) 3:09.
Second Period
2. Ottawa, Hale 1 (Spezza) 3:47
3. Ottawa, Spezza 2 (Shannon, Regin) 6:17
Penalty — Weight NYI (interference) 16:20.
Third Period
4. N.Y. Islanders, Moulson 5 (Tavares, Nielsen) 3:40 (pp)
5. Ottawa, Kelly 3 (Spezza) 19:47
Penalties — Neil Ott (interference) 3:26, Martin NYI (roughing, boarding), Campoli Ott (roughing) 12:03, Martin NYI, Smith Ott (fighting) 19:50.
Shots on goal by

N.Y. Islanders	10	9	10	29
Ottawa	10	11	6	27

Goal — N.Y. Islanders: Roloson (L,2-4-0); Ottawa: Elliott (W,6-4-0). **Power plays (goals-chances)** — N.Y. Islanders: 1-2; Ottawa: 0-2.
Att. — 18,959 (19,153) at Ottawa.

CANUCKS 3, AVALANCHE 1

First Period
1. Vancouver, Kesler 5 (D.Sedin, Edler) 3:14 (pp)
Penalties — Quincey Col (interference) 2:33, Desbiens Vcr, McLeod Col (fighting) 3:16, Raymond Vcr (holding) 10:05.
Second Period
2. Vancouver, H.Sedin 2 (Ehrhoff, D.Sedin) 3:33 (pp)
Penalties — Stastny Col (hooking) 2:49, Yip Col (cross-checking) 19:27.
Third Period
3. Vancouver, Torres 7 (Rome, Raymond) 4:03 (pp)
4. Colorado, Van der Gulik 1 (McLeod, Dupuis) 16:52
Penalties — Shattenkirk Col (delay of game) 2:26, Bieksa Vcr (closing hand on puck) 4:43.
Shots

Vancouver	18	11	7	36
Colorado	8	12	14	34

Goal — Vancouver: C.Schneider (W,3-0-0); Colorado: Budaj (L,3-1-1). **Power plays (goals-chances)** — Vancouver: 3-4; Colorado: 0-2.
Att. — 12,732 (18,007) at Denver.

SCORING LEADERS

	G	A	PT
Stamkos, TB	10	10	20
Sharp, Chi	10	6	16
C.Stewart, Col	9	7	16
Getzlaf, Ana	5	11	16
Ovechkin, Wash	7	8	15
Crosby, Pgh	6	9	15
J.Thornton, SJ	5	10	15
B.Richards, Dal	4	11	15
Selanne, Ana	6	8	14
D.Sedin, Vcr	8	5	13
Semin, Wash	7	6	13
Roy, Buf	6	7	13
Heatley, SJ	5	8	13
Perry, Ana	5	8	13
P.Stastny, Col	5	8	13
St. Louis, TB	5	8	13
Callahan, NYR	4	9	13
H.Sedin, Vcr	1	12	13
Eriksson, Dal	7	5	12
Giroux, Pha	7	5	12
Alfredsson, Ott	6	6	12
Datsyuk, Det	6	6	12
Byfuglien, Atl	5	7	12

Not including last night's games

NBA

EASTERN CONFERENCE

ATLANTIC DIVISION

	W	L	Pct	GB
Boston	4	1	.800	—
New Jersey	2	2	.500	1½
New York	2	2	.500	1½
Toronto	1	3	.250	2½
Philadelphia	1	4	.200	3

SOUTHEAST DIVISION

	W	L	Pct	GB
Atlanta	5	0	1.000	—
Miami	4	1	.800	1
Orlando	2	1	.667	2
Washington	1	2	.333	3
Charlotte	1	3	.250	3½

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	2	2	.500	—
Indiana	2	2	.500	—
Cleveland	1	3	.250	1
Milwaukee	1	4	.200	1½
Detroit	0	5	.000	2½

WESTERN CONFERENCE

SOUTHWEST DIVISION

	W	L	Pct	GB
New Orleans	4	0	1.000	—
Dallas	3	1	.750	1
San Antonio	3	1	.750	1
Memphis	2	3	.400	2½
Houston	0	4	.000	4

NORTHWEST DIVISION

	W	L	Pct	GB
Portland	4	1	.800	—
Denver	2	2	.500	1½
Oklahoma City	2	2	.500	1½
Utah	2	2	.500	1½
Minnesota	1	4	.200	3

PACIFIC DIVISION

	W	L	Pct	GB
L.A. Lakers	5	0	1.000	—
Golden State	3	1	.750	1½
Sacramento	3	2	.600	2
Phoenix	1	3	.250	3½
L.A. Clippers	1	4	.200	4

Last night's results
New York 120, Chicago 112
Oklahoma City at Portland
Wednesday's results
Atlanta 94, Detroit 85
Charlotte 85, New Jersey 83
Orlando 128, Minnesota 86
Philadelphia 101, Indiana 75
Boston 105, Milwaukee 102, OT
New Orleans 107, Houston 99
Dallas 102, Denver 101
Utah 125, Toronto 108
San Antonio 112, Phoenix 110
Golden State 115, Memphis 109
L.A. Clippers 107, Oklahoma City 92
L.A. Lakers 112, Sacramento 100
Tonight's games
(All times Eastern)
Milwaukee at Indiana, 7 p.m.
New Jersey at Orlando, 7 p.m.
Cleveland at Philadelphia, 7 p.m.
Charlotte at Detroit, 7:30 p.m.
Washington at New York, 7:30 p.m.
Atlanta at Minnesota, 8 p.m.
Miami at New Orleans, 8 p.m.
Chicago at Boston, 8 p.m.
Memphis at Phoenix, 10 p.m.
Utah at Golden State, 10:30 p.m.
Toronto at L.A. Lakers, 10:30 p.m.
L.A. Clippers at Denver, 10:30 p.m.

SCORING AVERAGE

	G	FG	FT	PTS	AVG
Ellis, GOL	4	45	24	120	30.0
Rose, CHI	3	31	18	83	27.7
Nowitzki, DAL	4	44	17	106	26.5
Gay, MEM	5	53	16	132	26.4
Durant, OKC	4	32	34	104	26.0
Bryant, LAL	5	41	34	125	25.0
Bargnani, TOR	4	33	23	96	24.0
Gasol, LAL	5	47	25	119	23.8
Wall, WAS	3	24	21	71	23.7
Martin, HOU	4	25	36	93	23.3
Anthony, DEN	4	33	21	91	22.8
Scola, HOU	4	37	17	91	22.8
Lopez, NJN	4	33	25	91	22.8
Wade, MIA	5	39	29	112	22.4
Granger, IND	4	32	12	88	22.0

Not including last night's games

SOCCER

MLS PLAYOFFS

FIRST ROUND
Semifinals
(two-game aggregate goal total)
EASTERN CONFERENCE
New York vs. San Jose
(San Jose advances on 3-2 aggragate)
Last night's result
Second Leg
San Jose 3 New York 1
Columbus vs. Colorado
(Colorado leads series 1-0)
Tomorrow's game
Second Leg
Colorado at Columbus, 4 p.m.
WESTERN CONFERENCE
Los Angeles vs. Seattle
(Los Angeles leads series 1-0)
Sunday's game
Second Leg
Seattle at Los Angeles, 9 p.m.
Real Salt Lake vs. FC Dallas
(FC Dallas leads series 2-1)
Tomorrow's game
Second Leg
Dallas at Real Salt Lake, 10 p.m.

EUROPA LEAGUE

Yesterday's results
Group A
Lech Poznan (Poland) 3, Manchester City (England) 1
Juventus (Italy) 0, Red Bull Salzburg (Austria) 0
Group B
Rosenborg (Norway) 2, Atletico Madrid (Spain) 1
Bayer Leverkusen (Germany) 1, Aris (Greece) 0
Group C
Ghent (Belgium) 3, Sporting Lisbon (Portugal) 1
Levski Sofia (Bulgaria) 2, Lille (France) 2
Group D
PAOK Thessaloniki (Greece) 1, Villarreal (Spain) 0
FC Brugge (Belgium) 0, Dinamo Zagreb (Croatia) 2
Group E
BATE Borisov (Belarus) 3, Sheriff (Moldova) 1
Dynamo Kiev (Ukraine) 2, AZ Alkmaar (Netherlands) 0
Group F
CSKA Moscow (Russia) 3, Palermo (Italy) 1
Lausanne Sports (Switzerland) 1, Sparta Prague (Czech Republic) 3
Group G
Hajduk Split (Croatia) 2, Zenit St. Petersburg (Russia) 3
AEK Athens (Greece) 1, Anderlecht (Belgium) 1
Group H
OB Odense (Denmark) 2, Young Boys (Switzerland) 0
Getafe (Spain) 0, Stuttgart (Germany) 3
Group I
Sampdoria (Italy) 0, Metalist Kharkiv (Ukraine) 0
PSV Eindhoven (Netherlands) 3, Debreceni (Hungary) 0
Group J
Paris Saint-Germain (France) 0, Borussia Dortmund (Germany) 0
Sevilla (Spain) 4, Karpaty Lviv (Ukraine) 0
Group K
Steaua Bucharest (Romania) 3, FC Utrecht (Netherlands) 1
Liverpool (England) 3, Napoli (Italy) 1
Group L
Rapid Vienna (Austria) 1, CSKA Sofia (Bulgaria) 2
FC Porto (Portugal) 1, Besiktas (Turkey) 1

GOLF

HSBC CHAMPIONS

At Shanghai
Par 72
First Round

Francesco Molinari	32-33—65
Lee Westwood	33-33—66
Yuta Ikeda	33-34—67
Henrik Stenson	35-32—67
Seung-yul Noh	34-33—67
Pablo Martin	34-34—68
Tiger Woods	32-36—68
Luke Donald	35-33—68
Richie Ramsay	35-34—69
Louis Oosthuizen	36-33—69

TRANSACTIONS

BASEBALL

MLB

AMERICAN LEAGUE
BALTIMORE ORIOLES — Assigned RHP Frank Mata outright to Norfolk (IL). Reinstated RHP Jason Berken from the 60-day DL.
BOSTON RED SOX — Exercised 2011 options on DH David Ortiz and RHP Scott Atchison. Declined 2011 options on INF/OF Bill Hall and INF Felipe Lopez.
DETROIT TIGERS — Traded INF Brent Dlugach to Boston for a player to be named or cash considerations. Assigned RHP Eddie Bonine, RHP Jay Sborz, C Max St. Pierre and OF Jeff Frazier outright to Toledo (IL). Bonine refused assignment and declared free agency.
KANSAS CITY ROYALS — Claimed INF Joaquin Arias off waivers from the N.Y. Mets.
SEATTLE MARINERS — Assigned 1B Casey Kotchmann outright to Tacoma (PCL). Kotchmann refused assignment and declared free agency. Named Robby Thompson bench coach, Chris Chambliss hitting coach, Mike Brumley first-base coach, Jeff Datz third-base coach, Jamie Navarro bullpen coach and Jason Phillips bullpen catcher.
TAMPA BAY RAYS — Re-signed senior baseball adviser Don Zimmer for the 2011 season.
TEXAS RANGERS — Agreed to terms with manager Ron Washington on a two-year contract extension.
NATIONAL LEAGUE
FLORIDA MARLINS — Promoted Sean Flynn to senior vice president of marketing, Brendan Cunningham to senior vice president of sales and Andrew Silverman to senior vice president of sales and service.
LOS ANGELES DODGERS — Announced OF Scott Podsednik declined his 2011 option. Agreed to terms with OF Jay Gibbons on a one-year contract.
MILWAUKEE BREWERS — Named Ron Roenicke manager and signed him to a two-year contract.
NEW YORK METS — Suspended clubhouse manager Charlie Samuels. Assigned RHP Eddie Kunz, LHP Raul Valdez, INF Mike Hessman, OF Jesus Feliciano and C Omir Santos outright to Buffalo (IL).
PHILADELPHIA PHILLIES — Declined 2011 option on LHP J.C. Romero.

AMERICAN ASSOCIATION

WINNIPEG GOLDEYES — Traded RHP Drew A. Graham to Kansas City (AA) to complete an earlier trade.

GOLDEN LEAGUE

CALGARY VIPERS — Promoted director of media relations and broadcasting Patrick Haas to general manager.

FOOTBALL

NFL

LEAGUE OFFICE — Fined Pittsburgh LB James Harrison $20,000 for a late hit on New Orleans QB Drew Brees and Jacksonville S Don Carey $12,500 for an illegal hit on Dallas TE Jason Witten during Sunday's games.
Carey says Thursday he is the latest player fined during the NFL's crackdown on flagrant hits. Carey launched himself toward Witten and made contact with Witten's helmet during the Jaguars' 35-17 victory.
DALLAS COWBOYS — Signed CB Bryan McCann from the practice squad. Signed CB Ross Weaver to the practice squad.

CFL

WINNIPEG BLUE BOMBERS — Signed DB Deon Beasley and LB Marcellus Bowman to two-year contract extensions.

HOCKEY

NHL

CAROLINA HURRICANES — Recalled D Brett Carson from Charlotte (AHL) on an emergency basis.
DALLAS STARS — Signed G Jack Campbell to a three-year contract.
MINNESOTA WILD — Recalled C Cody Almond from Houston (AHL).
NEW JERSEY DEVILS — Assigned D Tyler Eckford and C Tim Sestito to Albany (AHL). Recalled C Stephen Gionta and RW Patrick Davis from Albany.

NFL

AMERICAN CONFERENCE

EAST	W	L	T	Pct	PF	PA
New England	6	1	0	.857	205	154
N.Y. Jets	5	2	0	.714	159	110
Miami	4	3	0	.571	133	149
Buffalo	0	7	0	.000	131	211
SOUTH						
Indianapolis	5	2	0	.714	193	142
Tennessee	5	3	0	.625	224	150
Houston	4	3	0	.571	170	197
Jacksonville	4	4	0	.500	165	226
NORTH						
Baltimore	5	2	0	.714	149	129
Pittsburgh	5	2	0	.714	147	102
Cleveland	2	5	0	.286	118	142
Cincinnati	2	5	0	.286	146	163
WEST						
Kansas City	5	2	0	.714	163	122
Oakland	4	4	0	.500	212	168
San Diego	3	5	0	.375	210	174
Denver	2	6	0	.250	154	223

NATIONAL CONFERENCE

EAST	W	L	T	Pct	PF	PA
N.Y. Giants	5	2	0	.714	175	153
Philadelphia	4	3	0	.571	172	157
Washington	4	4	0	.500	155	170
Dallas	1	6	0	.143	154	187
SOUTH						
Atlanta	5	2	0	.714	169	133
Tampa Bay	5	2	0	.714	136	163
New Orleans	5	3	0	.625	167	148
Carolina	1	6	0	.143	85	150
NORTH						
Green Bay	5	3	0	.625	176	136
Chicago	4	3	0	.571	126	114
Minnesota	2	5	0	.286	129	144
Detroit	2	5	0	.286	183	165
WEST						
Seattle	4	3	0	.571	123	140
St. Louis	4	4	0	.500	140	141
Arizona	3	4	0	.429	133	198
San Francisco	2	6	0	.250	137	178

WEEK NINE

Byes: Denver, Jacksonville, San Francisco, St. Louis, Tennessee, Washington
Sunday's games
(All times Eastern)
Chicago vs. Buffalo (at Toronto), 1 p.m.
N.Y. Jets at Detroit, 1 p.m.
Miami at Baltimore, 1 p.m.
San Diego at Houston, 1 p.m.
Tampa Bay at Atlanta, 1 p.m.
New Orleans at Carolina, 1 p.m.
New England at Cleveland, 1 p.m.
Arizona at Minnesota, 1 p.m.
N.Y. Giants at Seattle, 4:05 p.m.
Kansas City at Oakland, 4:15 p.m.
Indianapolis at Philadelphia, 4:15 p.m.
Dallas at Green Bay, 8:20 p.m.
Monday's game
Pittsburgh at Cincinnati, 8:30 p.m.

CFL

WEEK 19

EAST DIVISION	GP	W	L	T	PF	PA	Pt
y-Montreal	17	12	5	0	517	445	24
x-Hamilton	17	9	8	0	460	427	18
x-Toronto	17	8	9	0	343	438	16
Winnipeg	17	4	13	0	432	450	8
WEST DIVISION							
y-Calgary	17	12	5	0	591	427	24
x-Saskatchewan	17	9	8	0	466	465	18
Edmonton	17	7	10	0	359	514	14
B.C.	17	7	10	0	443	445	14

x — clinched playoff berth.
y — clinched division title.
Tonight's game
(All times Eastern)
Calgary at Winnipeg, 8 p.m.
Tomorrow's games
B.C. at Hamilton, 2 p.m.
Edmonton at Saskatchewan, 7 p.m.
Sunday's game
Toronto at Montreal, 4 p.m.
End of CFL Regular Season

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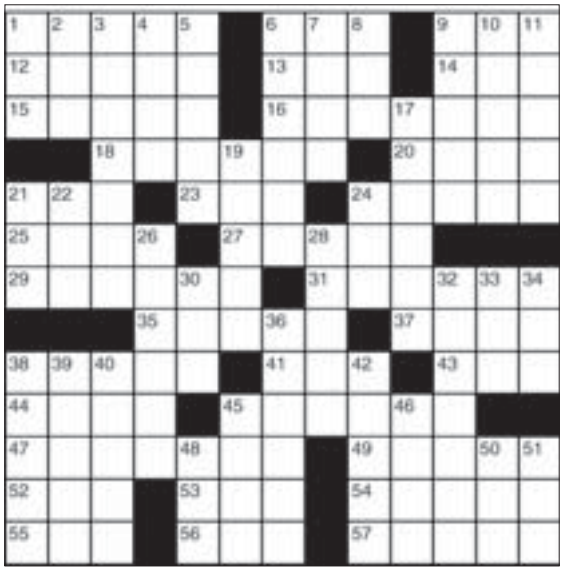
Crossword



Across

1 Notes from the boss
6 Couric's employer
9 Vacationing
12 Open-mouthed
13 Exist
14 Clay, after 1964
15 Lost cause
16 Dugong's cousin
18 One
20 Approach
21 Jewel
23 Backing
24 Low singer
25 Satan's forte
27 Twangy
29 Most updated
31 Beta-carotene, e.g.
35 Hacienda brick
37 Ready for action
38 People
41 Eggs
43 Gist
44 One of HOMES
45 Appetite ruiners?
47 Authoritative command
49 Hotel accommodation
52 All-purpose truck
53 Round Table address
54 Bassoons' kin
55 Roulette bet
56 Snoop
57 Trousers

Down

1 Periodical, for short
2 Id counterpart
3 Set free
4 Admitting customers
5 Helvetica lack
6 Movie lot necessity
7 Actor Pitt
8 Sun Yat- —
9 Author Joyce Carol —
10 Dog bane?
11 1980s Pontiac model
17 Not digital
19 Scout master?
21 Come together
22 Actress Longoria Parker
24 — -relief
26 Couldn't keep a secret
28 Colander
30 1960s campus org.
32 Huge home
33 Ostrich's relative
34 CSA soldier
36 Derelicts' domain
38 Leg bone
39 Give a speech
40 Queued (up)
42 Man of morals?
45 Commotion
46 Brass instrument
48 Venomous viper
50 Asian holiday
51 Curvy character

▶ Yesterday's answer

Sudoku

	4						7	
		7				5		
9	5		7	4	3		2	6
	6		3		8		5	
4								1
	7		4		1		6	
1	3		9	8	5		4	2
		9				8		
	8						1	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

8	3	4	5	1	6	9	2	7
2	6	1	7	3	9	5	8	4
9	7	5	8	2	4	6	3	1
1	9	8	3	6	7	4	5	2
5	2	7	4	9	1	8	6	3
3	4	6	2	5	8	7	1	9
7	1	2	9	8	5	3	4	6
6	5	9	1	4	3	2	7	8
4	8	3	6	7	2	1	9	5

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Pieces, I want everyone to know that I love you soo much. Your my babbby. So sweet to me. That's why I love you so much always there for me. Your babbby
MATTHEW

Jer-Bear, More and more everyday I realize just how blessed I am to have you in my life. I love you hunny. Thank you for putting a smile on my face and butterflies in my tummy. Your my whole world.
XO

Bibi, I just wanted to tell you I love the way you love me! I appreciate all the things you do for me and you make me so happy. I love you,
:-* PICI.

Happy birthday times three to Bec, Mel and Avie!! Hope your days are as amazing as the mentalist!!

A look at the weather

TODAY	SATURDAY	SUNDAY
Min 5° Max 16°	Min 0° Max 11°	Min 0° Max 11°

Andrew Schultz, Meteorologist
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Listen to what friends and relatives have to tell you today, especially if they are giving you advice on your finances.

♉ Taurus April 21-May 21 You've had your doubts about a relationship for some time but those doubts will be eased considerably today. There may be a few tears but they will most likely be tears of joy.

♊ Gemini May 22-June 21 You cannot think of everything yourself and anyone who gets annoyed with you because you have overlooked some small detail must be reminded of that fact today. If they don't like your efforts they are free to link up with someone else.

♋ Cancer June 22-July 22 The urge to start something new is extra strong at the moment but because Venus, planet of emotional and material values, is moving retrograde you must make sure you will be able to finish what you begin.

♌ Leo July 23-Aug.23 Family issues are once again looming large and you will have to deal with a relative who does not seem to be making a very good job of controlling their emotions.

♍ Virgo Aug. 24- Sept. 2 You cannot control each and every situation you find yourself in and the sooner you accept that fact the sooner you will be able to move on from your current negative situation.

♎ Libra Sept. 23-Oct. 23 Venus, your ruler, is going through one of its retrograde phases, which means you should stop trying to call the shots and let others take the lead.

♏ Scorpio Oct. 24-Nov. 22 Are there forces outside our everyday reality that look over and protect us? You have often felt invisible hands guide your actions. Let them guide you in the right direction again today.

♐ Sagittarius Nov. 23-Dec. 21 You don't lack for strong opinions but you do sometimes lack for tact in expressing them. It's not so much what you say that matters as the way in which you say it. Say it with love.

♑ Capricorn Dec. 22-Jan. 20 Just be yourself and wonderful things will happen. You may spend more than you can afford on luxuries you don't need but in the greater scheme of thing that's a minor sin.

♒ Aquarius Jan. 21-Feb. 18 You will get all the encouragement you need today. Friends and family and work colleagues will go out of their way to praise you and encourage you to make more of your talents.

♓ Pisces Feb. 19-March 20 A relationship may be going through a tough time at the moment but stick with it. While Venus, planet of affection, continues to move retrograde others will act in strange ways. **SALLY BROMPTON**

Caption contest

GARETH FULLER/THE ASSOCIATED PRESS

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Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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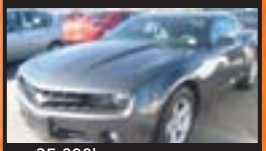
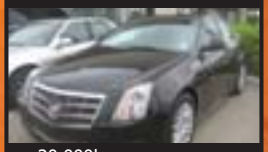


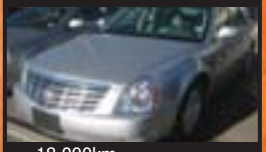
25,000km
STK#: RR10147A
$25,995

2010 Cadillac CTS



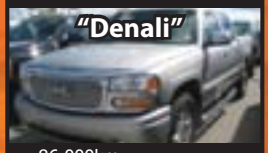
20,000km
STK#: U6237A
$34,995

2010 Cadillac DTS



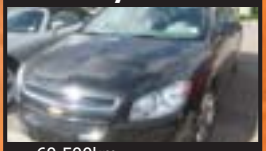
18,000km
STK#: U6291A
$38,995

05 Sierra 1500 Crew "Denali"



86,000km
STK#: P4808B
$29,995

09 Chevy Malibu LT

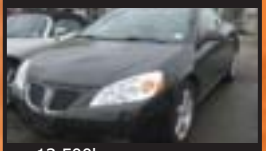


60,500km
STK#: U6235A
$18,995

08 Kawasaki Vulcan 900

STK#: U6272A
$6,995

2008 Pontiac G6 GT



13,500km
STK#: C101262A
$20,995

1987 Mazda RX7

66,965km
STK#P100609B
$5,995

6 Cadillac Escalades

from $24,995

3 Pontiac Grand Prix

from $9,995

9 Pontiac Montanas

from $11,995

10 Chevrolet Impalas

from $7,995

9 Pontiac G6s

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